

PREPACKS - Products of the Stirling Health Food Store on 18/05/24

Below is a list of products, we have in store and/or online in the category 'Prepacks' on Saturday 18 May 2024.

If a product is not listed on our site, please phone the Stirling Health Food Store at 01786 464903. We can often order products in quickly.

Product	Availability
GC org medium oatmeal 3kg	1 in Store only
Just/Nat org Macadamia Nuts 250g	1 in Store only
Acai Berry Powder Organic	1 in Store and Online
Almonds 125g - Organic	3 in Store and Online
Apricots 250g	6 in Store and Online
Apricots 250g - Organic	6 in Store and Online
Atlantic Coarse Sea Salt 500g	2 in Store and Online
Atlantic Fine Sea Salt 500g	2 in Store and Online
Barley Flakes - Organic 500g	2 in Store and Online
Barley Grain - Organic 500g	2 in Store and Online
Black Sesame Seeds Organic - 250g	3 in Store and Online
Black Turtle Beans - Organic	3 in Store and Online
Bran Flakes Organic	2 in Store and Online
Brazil Nuts 125g - Organic	5 in Store and Online
Brown Lentils - Organic	3 in Store and Online
Brown Linseed - 500g	4 in Store and Online
Buckwheat - Organic 500g	3 in Store and Online
Buckwheat Flakes - Organic 350g	2 in Store and Online
Buckwheat Flour Organic	3 in Store and Online
Bulgur Wheat - Organic 500g	3 in Store and Online
Butter Beans - Organic	4 in Store and Online
Cannellini Beans - Organic	4 in Store and Online
Cashew Nuts 250g - Organic	3 in Store and Online
Chia Seeds Organic	3 in Store and Online
Chickpeas - Organic	6 in Store and Online
Chlorella Powder 100g	1 in Store and Online
Cranberries 125g - Organic	4 in Store and Online
Dark Speckled Lentils - Organic	4 in Store and Online

Product	Availability
Desiccated Coconut	2 in Store and Online
Figs 250g - Organic	6 in Store and Online
Flaked Almonds Organic 125g	2 in Store and Online
Gluten Free Porridge Oats	3 in Store and Online
Goji Berries 125g	3 in Store and Online
Golden Linseed - Organic 250g	3 in Store and Online
Green Lentils - Organic	4 in Store and Online
Green Split Peas - Organic	4 in Store and Online
Ground Almonds 220g	4 in Store and Online
Ground Almonds Organic 350g	4 in Store and Online
Hazelnuts 125g - Organic	3 in Store and Online
Jumbo Oats - Organic	12 in Store and Online
Medium Oatmeal - Organic 1kg	6 in Store and Online
Millet Flakes - Organic	6 in Store and Online
Millet Flakes - Organic 500g	3 in Store and Online
Mixed Vine Fruit - Organic	Currently Out of Stock
Mung Beans - Organic	4 in Store and Online
Oat Bran - Organic 1kg	3 in Store and Online
Oat Bran - Organic 350g	3 in Store and Online
Oat Groats 500g	10 in Store and Online
Omega Mix - Organic 100g	6 in Store and Online
Omega Mix - Organic 250g	2 in Store and Online
Organic Apricots 250g	Currently Out of Stock
Organic Brown Basmati Rice	4 in Store and Online
Organic Fruit & Hazelnut Muesli	2 in Store and Online
Organic Long Grain Rice 1kg	2 in Store and Online
Organic Millet 500g	2 in Store and Online
Organic Mixed Nuts 250g	4 in Store and Online
Organic Muesli Base 500g	2 in Store and Online
Organic Pine Nuts 80g	3 in Store and Online
Organic Popcorn	4 in Store and Online
Organic Raw Cane Sugar	2 in Store and Online
Organic Short Grain Brown Rice 500g	4 in Store and Online
Organic Short Grain Rice 1kg	3 in Store and Online
Organic Steel Cut Oats 500g	10 in Store and Online
Organic Sundried Tomatoes	2 in Store and Online
Organic White Basmati Rice 500g	3 in Store and Online
Organic Wholemeal Breadcrumbs	2 in Store and Online

Product	Availability
Organic Wholemeal Spelt Flour	1 in Store and Online
Pecan Halves 125g	2 in Store and Online
Pitted Dates 250g Organic	4 in Store and Online
Pitted Dates 500g	1 in Store and Online
Porridge Oats - Organic 1kg	12 in Store and Online
Prunes 250g - Organic	5 in Store and Online
Psyllium Husk - Organic	4 in Store and Online
Psyllium Husk Powder - Organic	4 in Store and Online
Pumpkin Seeds - Organic 1kg	4 in Store and Online
Pumpkin Seeds - Organic 500g	1 in Store and Online
Quinoa Flakes - Organic 350g	Currently Out of Stock
Quinoa Flakes - Organic 500g	4 in Store and Online
Raisins 250g Organic	6 in Store and Online
Raisins 500g - Organic	Currently Out of Stock
Raw Cacao Nibs Organic	2 in Store and Online
Raw Cacao Powder Organic	2 in Store and Online
Raw Organic Cacao Butter	2 in Store and Online
Red Kidney Beans - Organic	2 in Store and Online
Red Lentils - Organic	6 in Store and Online
Rice Flakes - Organic 350g	5 in Store and Online
Rye Flakes - Organic	2 in Store and Online
Sesame Seeds Hulled Organic 250g	2 in Store and Online
Sesame Seeds Unhulled Organic 250g	2 in Store and Online
Sultanas 250g - Organic	2 in Store and Online
Sunflower Seeds - Organic 1kg	4 in Store and Online
Sunflower Seeds - Organic 250g	2 in Store and Online
Sunflower Seeds - Organic 500g	4 in Store and Online
Tapioca Flour Organic	2 in Store and Online
Vine Fruit Mix Organic	2 in Store and Online
Walnuts 125g - Organic	5 in Store and Online
Walnuts 250g - Organic	3 in Store and Online
Wheat Bran Organic	4 in Store and Online
Wheat Flakes - Organic 350g	3 in Store and Online
Wheat Grain - Organic	1 in Store and Online
Wholewheat Couscous 500g	3 in Store and Online

About the Stirling Health Food Store in Scotland, UK

Established in 1976 in Stirling, Scotland UK, our award-winning independent Health Shop has over 40 years of experience in the health food sector. We serve customers throughout Scotland and the UK and are best known for our knowledge, customer services and competitive prices.

We sell ethical, organic, vegetarian, vegan, chemical free, natural, fairtrade, local, dietary foods and real products. We believe in being independent, supporting the local community and minimising environmental impact.

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