

Stocklist - All products of the Stirling Health Food Store on 04/05/24

Below is a list of all products we have in store and/or online on Saturday 4 May 2024.

If a product is not listed, please phone the Stirling Health Food Store at 01786 464903. We can often order products in quickly.

Product	Category	Availability
Satya Nag Champa Black Diamond Incense	aromatherapy	5 in Store only
Satya Opium Incense	aromatherapy	2 in Store only
Satya White Musk Incense	aromatherapy	5 in Store only
Satya Zen Meditation Incense	aromatherapy	5 in Store only
Almond Base Oil 100ml	aromatherapy	2 in Store and Online
Almond Base Oil 50ml	aromatherapy	1 in Store and Online
Amrita Incense Sticks	aromatherapy	5 in Store and Online
Argan Oil	aromatherapy	1 in Store and Online
Avocado Base Oil 100ml	aromatherapy	3 in Store and Online
Bergamot Essential Oil 10ml	aromatherapy	3 in Store and Online
Black Pepper Essential Oil 10ml	aromatherapy	Currently Out of Stock
Californian White Sage Incense Sticks	aromatherapy	6 in Store and Online
Calming Body Oil	aromatherapy	1 in Store and Online
Chamomile Essential Oil 5ml	aromatherapy	1 in Store and Online
Christmas Spice Vapourising Oil	aromatherapy	3 in Store and Online
Cinnamon Leaf Essential Oil 10ml	aromatherapy	3 in Store and Online
Citronella Essential Oil 10ml	aromatherapy	7 in Store and Online
Citrus Fresh Vapourising Oil 10ml	aromatherapy	2 in Store and Online
Clary Sage Essential Oil 10ml	aromatherapy	2 in Store and Online
Clove Leaf Essential Oil 10ml	aromatherapy	3 in Store and Online
Coconut Base Oil 100ml	aromatherapy	2 in Store and Online
De-Stress Body Oil	aromatherapy	2 in Store and Online
Eucalyptus Essential Oil 10ml	aromatherapy	3 in Store and Online
Frankincense Essential Oil 5ml	aromatherapy	1 in Store and Online
Ganesh Incense Sticks	aromatherapy	Currently Out of Stock
Geranium Essential Oil 10ml	aromatherapy	3 in Store and Online
Ginger Essential Oil 10ml	aromatherapy	Currently Out of Stock
Grapefruit Essential Oil 10ml	aromatherapy	2 in Store and Online
Grapeseed Base Oil 100ml	aromatherapy	2 in Store and Online

Product	Category	Availability
Incense Sticks Prem	aromatherapy	4 in Store and Online
Indulgence Body Oil	aromatherapy	2 in Store and Online
Jojoba Base Oil 100ml	aromatherapy	2 in Store and Online
Jojoba Base Oil 50ml	aromatherapy	1 in Store and Online
Lavender Essential Oil 10ml	aromatherapy	5 in Store and Online
Lavender Essential Oil 30ml	aromatherapy	6 in Store and Online
Lavender Room Spray	aromatherapy	Currently Out of Stock
Lemon Essential Oil 10ml	aromatherapy	2 in Store and Online
Lemon Room Spray	aromatherapy	2 in Store and Online
Lemongrass Essential Oil 10ml	aromatherapy	2 in Store and Online
Lime Essential Oil	aromatherapy	2 in Store and Online
Mandarin Essential Oil 10ml	aromatherapy	2 in Store and Online
Marjoram Essential Oil 10ml	aromatherapy	Currently Out of Stock
Meditation Incense Sticks	aromatherapy	1 in Store and Online
Muscle & Joint Body Oil	aromatherapy	2 in Store and Online
Musk Incense Sticks	aromatherapy	1 in Store and Online
Myrrh Essential Oil 5ml	aromatherapy	2 in Store and Online
OM Incense Sticks	aromatherapy	5 in Store and Online
Organic Eucalyptus Oil 10ml	aromatherapy	6 in Store and Online
Organic Orange Essential Oil 10ml	aromatherapy	4 in Store and Online
Palo Santo Incense Sticks	aromatherapy	5 in Store and Online
Patchouli Essential Oil 10ml	aromatherapy	4 in Store and Online
Peppermint Essential Oil 10ml	aromatherapy	5 in Store and Online
Pine Needle Essential Oil 10ml	aromatherapy	3 in Store and Online
Ravensara Essential Oil 10ml	aromatherapy	2 in Store and Online
Rose Water	aromatherapy	4 in Store and Online
Rosemary Essential Oil 10ml	aromatherapy	2 in Store and Online
Sandalwood Incense Sticks	aromatherapy	4 in Store and Online
Shanti Nag champa Incense Sticks	aromatherapy	Currently Out of Stock
Soapstone Oil Burner	aromatherapy	1 in Store and Online
Tea Tree Essential Oil 10ml	aromatherapy	6 in Store and Online
Thyme Wild Essential Oil 10ml	aromatherapy	2 in Store and Online
Tranquil Body Oil	aromatherapy	1 in Store and Online
Waft Laundry Perfume	aromatherapy	1 in Store and Online
Witch Hazel	aromatherapy	3 in Store and Online
Ylang Ylang Essential Oil 10ml	aromatherapy	2 in Store and Online
Yoga Incense Sticks	aromatherapy	5 in Store and Online
Didi's Journey by Prakash C Das	books	9 in Store only

Product	Category	Availability
Staying Alive in Toxic Times Book	books	2 in Store only
The Foundations of Nutrition Book	books	2 in Store only
The Menopause Journal Book	books	1 in Store only
The Stress Solution Book	books	1 in Store only
The Good, the Bad & the Hooligan	books	Currently Out of Stock
Biona Mushroom Burgers	chilled foods	2 in Store only
Sojade Blueberry Soya Yogurt	chilled foods	Currently Out of Stock
Sojade Kefir Blueberry Cherry	chilled foods	Currently Out of Stock
V Bites Lincolnshire Style Sausages	chilled foods	Currently Out of Stock
Bute Creamy Garlic & Herb	chilled foods	4 in Store or Click & Collect
Bute Creamy Original	chilled foods	2 in Store or Click & Collect
Bute Creamy Spring Onion	chilled foods	2 in Store or Click & Collect
Bute Creamy Sweet Chilli	chilled foods	Currently Out of Stock
Bute Grated Mozzarella	chilled foods	2 in Store or Click & Collect
Bute Greek Style	chilled foods	4 in Store or Click & Collect
Bute Mature Cheddar	chilled foods	3 in Store or Click & Collect
Dairy Free Camembert	chilled foods	1 in Store or Click & Collect
Kimchi Natural	chilled foods	2 in Store or Click & Collect
Kimchi Turmeric & Black Pepper	chilled foods	1 in Store or Click & Collect
Naturli Vegan Butter Block	chilled foods	Currently Out of Stock
Naturli Vegan Spread	chilled foods	1 in Store or Click & Collect
Oatly Whippable Creamy Oat	chilled foods	1 in Store or Click & Collect
Organic Extra Mature Cheddar	chilled foods	2 in Store or Click & Collect
Organic Sunflower Spread	chilled foods	2 in Store or Click & Collect
Organic Tempeh (Tempe)	chilled foods	2 in Store or Click & Collect
Organic Unsalted Butter	chilled foods	3 in Store or Click & Collect
Raw Sauerkraut	chilled foods	3 in Store or Click & Collect
Sgaia Italian Style Burgers	chilled foods	3 in Store or Click & Collect
Sgaia Smoked Steak	chilled foods	2 in Store or Click & Collect
Sgaia Streaky Rashers	chilled foods	2 in Store or Click & Collect
Soya Yogurt	chilled foods	Currently Out of Stock
Taifun Smoked + Almonds Tofu	chilled foods	1 in Store or Click & Collect
Taifun Smoked Tofu	chilled foods	1 in Store or Click & Collect
Taifun Tofu Filets - Wild Garlic	chilled foods	1 in Store or Click & Collect
Taifun Tofu Fillets Japanese	chilled foods	3 in Store or Click & Collect
Taifun Wiener Sausages	chilled foods	1 in Store or Click & Collect
Tempeh with sea vegetables	chilled foods	Currently Out of Stock
Tofu - Organic	chilled foods	1 in Store or Click & Collect
Vegan Black Pudding	chilled foods	2 in Store or Click & Collect

Product	Category	Availability
Violife Cheddar Block	chilled foods	2 in Store or Click & Collect
Violife Creamy Original	chilled foods	1 in Store or Click & Collect
Violife Mozzarella Block	chilled foods	2 in Store or Click & Collect
Violife Original Block	chilled foods	2 in Store or Click & Collect
Violife Pizza Block	chilled foods	Currently Out of Stock
Violife Prosociano	chilled foods	4 in Store or Click & Collect
Violife Smoked Slices	chilled foods	Currently Out of Stock
Alcohol Vinegar White	cleaning products	1 in Store only
Bio D Fabric Conditioner Refill 5 litres	cleaning products	1 in Store only
Bio D laundry liquid 20ltr refill	cleaning products	2 in Store only
Bio D Laundry Refill	cleaning products	2 in Store only
Bio D Washing Up 20 Litres	cleaning products	1 in Store only
Bio D Washing Up 20 lt refill	cleaning products	1 in Store only
Bio D Washing Up Refill	cleaning products	2 in Store only
Ecover laundry liq refill	cleaning products	3 in Store only
Ecover Laundry liquid Zero 15lt refill	cleaning products	1 in Store only
Ecover Washing Up Liquid Refill 15lt	cleaning products	1 in Store only
Meyers Multi-Surface Lemon Verbena	cleaning products	1 in Store only
Bathroom Spray	cleaning products	13 in Store and Online
Bicarb Cream Cleaner	cleaning products	5 in Store and Online
Bicarbonate of Soda 1kg	cleaning products	3 in Store and Online
Bio Washing Powder	cleaning products	1 in Store and Online
Borax Substitute	cleaning products	2 in Store and Online
Citric Acid 750g	cleaning products	3 in Store and Online
Compostable Sponge Scourer	cleaning products	3 in Store and Online
Dishwasher Rinse Aid	cleaning products	1 in Store and Online
Dishwasher Tablets 25's	cleaning products	3 in Store and Online
Dishwasher Tablets 70's	cleaning products	1 in Store and Online
Dr Bronner Tea Tree Castile Bar Soap	cleaning products	1 in Store and Online
Dr Bronner's Almond 240ml	cleaning products	1 in Store and Online
Dr Bronner's Citrus 945 ml	cleaning products	1 in Store and Online
Dr Bronner's Lavender 475ml	cleaning products	1 in Store and Online
Dr Bronner's Rose 240ml	cleaning products	1 in Store and Online
Fabric Conditioner Juniper	cleaning products	2 in Store and Online
Fabric Conditioner Lavender	cleaning products	1 in Store and Online
Fabric Softener - Gardenia	cleaning products	1 in Store and Online
Floor Cleaner	cleaning products	2 in Store and Online
Laundry Bleach	cleaning products	3 in Store and Online
Laundry Leaves	cleaning products	7 in Store and Online

Product	Category	Availability
Laundry Liquid	cleaning products	8 in Store and Online
Laundry Liquid - Non Bio	cleaning products	2 in Store and Online
Laundry Liquid - Wool & Silk	cleaning products	2 in Store and Online
Laundry Liquid 5 litres	cleaning products	2 in Store and Online
Laundry Liquid Juniper 5 ltr	cleaning products	1 in Store and Online
Laundry Liquid Lavender 5 ltr	cleaning products	1 in Store and Online
Lemon Myrtle Liquid Soap	cleaning products	4 in Store and Online
Lemon Myrtle Oil 10ml	cleaning products	14 in Store and Online
Lemon Myrtle Spray	cleaning products	3 in Store and Online
Loof Co Cleaning Pad	cleaning products	1 in Store and Online
Loof Co Coir Fibre Gardener's Brush	cleaning products	7 in Store and Online
Multi Purpose Sanitiser Spray	cleaning products	11 in Store and Online
Multi Surface Sanitiser	cleaning products	9 in Store and Online
Multi Surface Sanitiser 5000ml	cleaning products	1 in Store and Online
Ramie Wash Cloth x 1	cleaning products	1 in Store and Online
Refill Sachet Washing up	cleaning products	11 in Store and Online
Refill Tablet All Purpose	cleaning products	8 in Store and Online
Refill Tablet Bathroom	cleaning products	13 in Store and Online
Rock Salt Lamp Rock	cleaning products	1 in Store and Online
Soap Nuts 250g	cleaning products	2 in Store and Online
Soap Nuts 500g	cleaning products	2 in Store and Online
Soda Crystals	cleaning products	2 in Store and Online
Stain Remover	cleaning products	2 in Store and Online
Toilet Cleaner	cleaning products	6 in Store and Online
Toilet Cleaner - Sea Breeze	cleaning products	2 in Store and Online
Toilet Cleaner 5ltr	cleaning products	1 in Store and Online
Washing Powder 1kg	cleaning products	2 in Store and Online
Washing Powder 2kg	cleaning products	2 in Store and Online
Washing Up Liquid 5 lt	cleaning products	1 in Store and Online
Washing Up Liquid Grapefruit	cleaning products	14 in Store and Online
Washing Up Liquid Grapefruit 5lt	cleaning products	1 in Store and Online
Washing Up Liquid No Scent	cleaning products	13 in Store and Online
Washing Up Soap Bar	cleaning products	2 in Store and Online
Zero Fabric Conditioner	cleaning products	1 in Store and Online
Zero Non Bio Washing Powder	cleaning products	1 in Store and Online
Zero Washing-Up 450ml	cleaning products	8 in Store and Online
Better You Magnesium Water Focus	cold drinks	1 in Store only
Deeply carrot & ginger	cold drinks	1 in Store only

Product	Category	Availability
Deeply Spinach & kiwi	cold drinks	1 in Store only
Folkington's Orange Juice	cold drinks	12 in Store only
Glug Mango Juice	cold drinks	2 in Store only
Go Mate Yerba Mate Lemon	cold drinks	1 in Store only
Go Mate Yerba Mate Passionfruit	cold drinks	2 in Store only
Hip Pop CBD Kombucha Blood Orange	cold drinks	1 in Store only
Hip Pop CBD Kombucha Cherry	cold drinks	1 in Store only
Hip Pop CBD Kombucha Passionfruit	cold drinks	1 in Store only
James White org Apple Juice 750ml	cold drinks	9 in Store only
James White org Pear & Raspberry Juice	cold drinks	1 in Store only
King Coconut Water Natural	cold drinks	1 in Store only
Lo Bros Ginger & Lemon Kombucha 330ml	cold drinks	Currently Out of Stock
Lo Bros Original Kombucha	cold drinks	4 in Store only
Lo Bros Raspberry & Lemon Kombucha 330ml	cold drinks	2 in Store only
Nutri Beauty	cold drinks	2 in Store only
Nutri Energy	cold drinks	2 in Store only
Nutri Immunity	cold drinks	2 in Store only
Plant Magic Matcha Latte	cold drinks	1 in Store only
Upbeat Sour Berry	cold drinks	1 in Store only
Virgin Mary	cold drinks	1 in Store only
Vow Sparklean Drink	cold drinks	1 in Store only
Almond Drink - No Sugars	cold drinks	3 in Store and Online
Almond Drink Unsweetened	cold drinks	6 in Store and Online
Beetroot Juice - Organic	cold drinks	4 in Store and Online
Bundaberg Ginger Beer	cold drinks	14 in Store and Online
Concentrated Apple Juice	cold drinks	1 in Store and Online
Cranberry Juice - Organic	cold drinks	4 in Store and Online
Cranberry Juice 750ml	cold drinks	4 in Store and Online
Oatly Foamable	cold drinks	2 in Store and Online
Oatly Original	cold drinks	4 in Store and Online
Oatly 'Single Cream'	cold drinks	7 in Store and Online
Organic Carrot Juice	cold drinks	3 in Store and Online
Organic Oat Drink BB16-04	cold drinks	6 in Store and Online
Organic Pear Juice	cold drinks	7 in Store and Online
Organic Sparkling Cola Drink	cold drinks	2 in Store or Click & Collect
Organic Sparkling Elderflower Drink	cold drinks	3 in Store or Click & Collect
Organic Sparkling Ginger Drink	cold drinks	3 in Store or Click & Collect
Organic Sparkling Lemonade Drink	cold drinks	2 in Store or Click & Collect
Prune Juice	cold drinks	2 in Store and Online

Product	Category	Availability
Rabenhorst Cherry Nectar	cold drinks	2 in Store and Online
Sojade Soya Drink Mild	cold drinks	16 in Store and Online
Sojade Soya Drink Natural	cold drinks	Currently Out of Stock
Tart Cherry Juice 1000ml	cold drinks	3 in Store or Click & Collect
Crunchy Almond Seasalt Bar	confectionary	1 in Store only
Crunchy Ginger Lime Bar	confectionary	1 in Store only
Eat Real org Lentil Chips Salted	confectionary	7 in Store only
Giving Tree Cauliflower Crisps 18g	confectionary	1 in Store only
Giving Tree Cauliflower Crisps 36g	confectionary	1 in Store only
H&J Delicious Dark Chocolate	confectionary	1 in Store only
H&J Ugandan Dark Chocolate	confectionary	1 in Store only
London cookie chocolate chip	confectionary	1 in Store only
Ma Baker mixed fruit	confectionary	20 in Store only
Oatopia Almond Bakewell	confectionary	1 in Store only
Oatopia Original Oat Bake	confectionary	1 in Store only
Oatopia Peanut butter	confectionary	1 in Store only
Oatopia Salted Caramel	confectionary	1 in Store only
Soaka oats peanut butter banana	confectionary	1 in Store only
Tribe Protein Flapjack Choc Peanut	confectionary	4 in Store only
Tribe Protein Flapjack Raspberry	confectionary	8 in Store only
Vow Bar cookies and cream	confectionary	1 in Store only
Vow Bar peanut crunch	confectionary	1 in Store only
Vow bar salted caramel	confectionary	1 in Store only
Vow protein clusters	confectionary	1 in Store only
Vow protein rocks	confectionary	1 in Store only
Whey Better Milk Chocolate	confectionary	2 in Store only
Whey Better White Chocolate	confectionary	2 in Store only
0% added sugar Milk Chocolate Bar	confectionary	7 in Store and Online
Absolute Black 100% Cocoa	confectionary	3 in Store and Online
Bramble & Cardamom bar	confectionary	7 in Store and Online
Coffee & Hazelnut Chocolate	confectionary	8 in Store and Online
Cola Bottles - Vegan	confectionary	1 in Store and Online
Corn Flips Peanuts 75g	confectionary	8 in Store and Online
Crunchips Paprika	confectionary	Currently Out of Stock
Dairy Free Extra Dark Chocolate	confectionary	12 in Store and Online
Dairy Free Milk Chocolate	confectionary	8 in Store and Online
Dandies Large Marshmallows	confectionary	3 in Store and Online
Dark Chilli Chocolates	confectionary	2 in Store and Online
Gin Gins Chewy Ginger Candy	confectionary	2 in Store and Online

Product	Category	Availability
Gin Gins Hard Ginger Candy	confectionary	3 in Store and Online
Gin Gins Super Strong Ginger Candy	confectionary	2 in Store and Online
Gluten free Coconut Crunch	confectionary	3 in Store and Online
Ma Baker Berry Flapjack	confectionary	11 in Store and Online
Ma Baker Blueberry & Chia Bar	confectionary	3 in Store and Online
Ma Baker Coconut & Goji Bar	confectionary	11 in Store and Online
Ma Baker Coconut Flapjack	confectionary	15 in Store and Online
Ma Baker Yogurt Topping Flapjack	confectionary	Currently Out of Stock
Millionaire's Shortbread Dark Chocolate	confectionary	7 in Store and Online
No Added Sugar Dark Chocolate	confectionary	8 in Store and Online
No Added Sugar Hemp Dark Chocolate	confectionary	Currently Out of Stock
Organic Coconut Syrup Halva	confectionary	8 in Store and Online
Organic Grape Juice Halva	confectionary	3 in Store and Online
Organic Halva + Almonds	confectionary	4 in Store and Online
Organic Honey Halva	confectionary	4 in Store and Online
Organic Paprika Crisps 40g	confectionary	2 in Store and Online
Organica Coconut Delight	confectionary	20 in Store and Online
Organica Hazelnut Nougat	confectionary	12 in Store and Online
Panda Licorice 4 Pack	confectionary	16 in Store and Online
Panda Licorice Mix	confectionary	9 in Store and Online
Panda Licorice Original	confectionary	12 in Store and Online
Peppersmith Extra Strong Mints	confectionary	8 in Store and Online
Pomegranate Hearts	confectionary	1 in Store and Online
Ricola Cranberry 45g	confectionary	Currently Out of Stock
Ricola Elderflower 45g	confectionary	Currently Out of Stock
Ricola Licorice 45g	confectionary	2 in Store and Online
Ricola Original 45g	confectionary	2 in Store and Online
Sea Salt & Caramel Bar	confectionary	8 in Store and Online
Seaweed Chips Salted	confectionary	4 in Store and Online
Seaweed Chips Sweet Sriracha	confectionary	1 in Store and Online
Super Nuts Dark Chocolate	confectionary	4 in Store and Online
Vego Bar Big 150g	confectionary	2 in Store and Online
Vego Bar Mini 65g	confectionary	2 in Store and Online
Vego Praline	confectionary	3 in Store and Online
Winterspice Chocolate	confectionary	8 in Store and Online
Colour Fixing Conditioner	cosmetics	Currently Out of Stock
Colour Fixing Shampoo	cosmetics	2 in Store and Online
Compact Powder - Porcelain	cosmetics	1 in Store and Online

Product	Category	Availability
Compact Powder - Sand	cosmetics	2 in Store and Online
Eye Shadow - Quattro Pink	cosmetics	1 in Store and Online
Eye Shadow - Quattro Smokey	cosmetics	Currently Out of Stock
Eyeliner - Black	cosmetics	3 in Store and Online
Eyeliner - Bright Blue	cosmetics	2 in Store and Online
Eyeliner - Brown	cosmetics	3 in Store and Online
Eyeliner - Green	cosmetics	2 in Store and Online
Eyeliner - Night Blue	cosmetics	2 in Store and Online
Lip Colour - Pretty Daisy	cosmetics	1 in Store and Online
Lip gloss Flamingo	cosmetics	2 in Store and Online
Lip gloss Kiss Me	cosmetics	3 in Store and Online
Lip gloss Rose	cosmetics	2 in Store and Online
Lipliner - Brown	cosmetics	2 in Store and Online
Lipstick Hot Pink	cosmetics	3 in Store and Online
Lipstick Muse	cosmetics	1 in Store and Online
Lipstick Peach	cosmetics	2 in Store and Online
Lipstick Watermelon	cosmetics	3 in Store and Online
Liquid Eyeliner - Black	cosmetics	3 in Store and Online
Liquid Foundation - Honey	cosmetics	1 in Store and Online
Liquid Foundation - Nude	cosmetics	2 in Store and Online
Mascara - Black	cosmetics	2 in Store and Online
Mascara - Brown	cosmetics	2 in Store and Online
Mascara Super Long - Black	cosmetics	2 in Store and Online
Nail Polish - Vamp	cosmetics	Currently Out of Stock
Naturtint 10N Light Dawn Blonde	cosmetics	1 in Store and Online
Naturtint 3N Dark Chestnut Brown	cosmetics	2 in Store and Online
Naturtint 4G Golden Chestnut	cosmetics	1 in Store and Online
Naturtint 5.0 Light Chestnut Brown	cosmetics	1 in Store and Online
Naturtint 5G Light Golden Chestnut	cosmetics	2 in Store and Online
Naturtint 5M Light Mahogany Chestnut	cosmetics	1 in Store and Online
Naturtint 5N Light Chestnut Brown	cosmetics	2 in Store and Online
Naturtint 6N Dark Blonde	cosmetics	2 in Store and Online
Naturtint 7.0 Hazelnut Blonde	cosmetics	1 in Store and Online
Naturtint 7N Hazelnut Blonde	cosmetics	1 in Store and Online
Naturtint 8C Copper Blonde	cosmetics	1 in Store and Online
Naturtint 8G Sandy Golden Blonde	cosmetics	2 in Store and Online
Naturtint 8N Wheat Germ Blonde	cosmetics	2 in Store and Online
Naturtint 9N Honey Blonde	cosmetics	2 in Store and Online

Product	Category	Availability
Pure Henna Powder	cosmetics	2 in Store and Online
Vegan Mascara - Black	cosmetics	3 in Store and Online
Arrowroot 60g	flours	3 in Store and Online
Beremeal 1.5 kg	flours	2 in Store and Online
Chestnut Flour	flours	3 in Store and Online
Coarse Oatmeal 2kg	flours	9 in Store and Online
Coconut Flour	flours	2 in Store and Online
Cornflour - gluten free	flours	5 in Store and Online
Fine Oatmeal 1kg	flours	12 in Store and Online
Gram Flour - Gluten free	flours	3 in Store and Online
Malthouse Flour	flours	2 in Store and Online
Medium Oatmeal 1kg	flours	6 in Store and Online
Medium Oatmeal 2kg	flours	11 in Store and Online
Mungos Organic Strong White Bread Flour	flours	3 in Store and Online
Mungos Organic W/meal Strong Bread Flour	flours	1 in Store and Online
Oat Flour - Gluten Free	flours	8 in Store and Online
Organic White Flour 2.5kg	flours	Currently Out of Stock
Organic White Spelt Flour 1kg	flours	6 in Store and Online
Pinhead Oatmeal 1kg	flours	4 in Store and Online
Pinhead Oatmeal 2kg	flours	4 in Store and Online
Plain White Flour - Organic	flours	1 in Store and Online
Potato Starch (Flour) - Gluten free	flours	4 in Store and Online
Rice Flour - Gluten free	flours	1 in Store and Online
Self Raising Flour	flours	1 in Store and Online
Sorghum Flour	flours	Currently Out of Stock
Strong White Flour	flours	5 in Store and Online
Strong Wholemeal Flour	flours	5 in Store and Online
Three Malts & Sunflower Brown Flour	flours	5 in Store and Online
White Rye Flour Organic	flours	2 in Store and Online
Wholemeal Rye Flour	flours	Currently Out of Stock
Bowel Essence	flower essences	1 in Store and Online
Child Essence	flower essences	1 in Store and Online
Concentration Essence	flower essences	3 in Store and Online
Confidence Essence	flower essences	2 in Store and Online
Craving Essence	flower essences	1 in Store and Online
Emergency Essence 15ml	flower essences	2 in Store and Online
Emergency Essence 30ml	flower essences	2 in Store and Online
Emergency Essence Pet	flower essences	1 in Store and Online

Product	Category	Availability
Emotional Essence	flower essences	2 in Store and Online
Female Essence	flower essences	2 in Store and Online
Mood Essence	flower essences	1 in Store and Online
Night Essence	flower essences	2 in Store and Online
Recovery Remedy	flower essences	1 in Store and Online
Relaxing Essence	flower essences	2 in Store and Online
Rescue ® Night Spray	flower essences	1 in Store and Online
Rescue ® Pastilles	flower essences	2 in Store and Online
Rescue ® Remedy Spray	flower essences	2 in Store and Online
Revitalising Essence	flower essences	7 in Store and Online
Sacred Light Mist	flower essences	Currently Out of Stock
Eleat Protein Cereal Strawberry Blitz Pot	food	1 in Store only
Fish 4 Ever Sardines Spr/water	food	2 in Store only
GC exotic muesli 3kg	food	1 in Store only
Kent Fraser Choc Chip Cookie	food	1 in Store only
Kent Fraser Vanilla Butter Crunch	food	1 in Store only
Miller's Choice Vital Wheat Gluten	food	1 in Store only
Nelson Manuka 300+ Banded	food	4 in Store only
Nuccy almond coco flow	food	1 in Store only
Orgran Corn & Veg Pasta Penne	food	3 in Store only
Palmyra Blossom Nectar	food	1 in Store only
Pasta Tree Kale & Beetroot Caserecce	food	3 in Store only
Pasta Tree Plain Tagliatelle	food	Currently Out of Stock
Pasta Tree Tomato Sauce Basil	food	1 in Store only
Sanchi Tamari Soy Sauce 300ml	food	1 in Store only
ZenB Pasta Fusilli Yellow Peas	food	2 in Store only
Aberfeldy Oatcakes	food	12 in Store and Online
Alara Gluten Free Muesli	food	1 in Store and Online
Almond Extract	food	1 in Store and Online
Anderson's Blossom Honey 227g	food	13 in Store and Online
Anderson's Blossom Honey 340g	food	28 in Store and Online
Anderson's Heather Honey	food	Currently Out of Stock
Apple Cider Vinegar	food	2 in Store and Online
Apricot Spread	food	7 in Store and Online
Avocado Oil	food	Currently Out of Stock
Baked Beans and Sausages	food	3 in Store and Online
Baking Powder - gluten free	food	5 in Store and Online
Barley Malt Extract	food	4 in Store and Online
Barley Malt Extract 370g	food	4 in Store and Online

Product	Category	Availability
Bee Pollen - Organic	food	3 in Store and Online
Bicarbonate of Soda - gluten free	food	4 in Store and Online
Black Cherry Spread	food	3 in Store and Online
Blackcurrant Spread	food	1 in Store and Online
Blackeyed Beans - 500g	food	1 in Store and Online
Blueberry Spread	food	5 in Store and Online
Blueberry Spread Organic	food	3 in Store and Online
Bombay Mix 200g	food	4 in Store and Online
Bouillon Less Salt (Purple)	food	3 in Store and Online
Bouillon Less Salt (Purple) 500g	food	2 in Store and Online
Bouillon Standard (Green) 150g	food	3 in Store and Online
Bouillon Standard (Green) 500g	food	3 in Store and Online
Braised Tofu	food	2 in Store and Online
Broth Mix	food	6 in Store and Online
Brown Rice & Wakame Noodles	food	1 in Store and Online
Brown Rice Miso Jar	food	2 in Store and Online
Buckwheat Noodles	food	2 in Store and Online
Caserecce Hot Smoked Paprika	food	3 in Store and Online
Cashew Nut Roast	food	3 in Store and Online
Cashew Nut Roast - Gluten Free	food	4 in Store and Online
Celtic Sea Salt 1kg Coarse	food	3 in Store and Online
Celtic Sea Salt 1kg Fine	food	Currently Out of Stock
Celtic Sea Salt Shaker	food	Currently Out of Stock
Celtic Sea Salt Tub	food	6 in Store and Online
Certo Liquid Pectin	food	3 in Store and Online
Chestnut Honey	food	11 in Store and Online
Chia Seeds 125g	food	4 in Store and Online
Chickpea Noodles 100g	food	5 in Store and Online
Chickpea Twists 100g	food	12 in Store and Online
Chocolate Oat Biscuits	food	4 in Store and Online
Chocolate Vermicelli - Dark	food	6 in Store and Online
Chocolate Vermicelli - Light	food	12 in Store and Online
Clear Honey 3.17 kg (7 lbs)	food	1 in Store and Online
Clover Honey	food	12 in Store and Online
Corn & Rice Spaghetti	food	1 in Store and Online
Cream of Tartar	food	2 in Store and Online
Crunchy Hazelnut Butter 170g	food	2 in Store and Online
Crunchy Peanut Butter + salt	food	1 in Store or Click & Collect

Product	Category	Availability
Custard Powder	food	3 in Store and Online
Dark Muscovado Sugar	food	1 in Store and Online
Dried (Swell) Vegetables	food	20 in Store and Online
Easy Bake Yeast	food	7 in Store and Online
Eat Real Lentil + Chilli	food	5 in Store and Online
Edamame Hummus	food	2 in Store and Online
Engevita Nutritional Yeast B12	food	6 in Store and Online
Engevita Nutritional Yeast Protein	food	5 in Store and Online
Engevita Super Engevita Vit D Yeast Flakes	food	2 in Store and Online
Finn Crisp Original Rye	food	10 in Store and Online
Flax, pumpkin, sunflower seeds	food	2 in Store and Online
Freekeh 125g	food	1 in Store and Online
Garden Veggies	food	5 in Store and Online
Genmai Miso	food	2 in Store and Online
Ginger Oat Biscuits	food	2 in Store and Online
Gluten Free 100% Brown Rice Noodles	food	1 in Store and Online
Gluten Free Sliced Seeded Bread	food	1 in Store and Online
Granovita Mushroom Pate	food	3 in Store and Online
Granovita Olive Pate	food	4 in Store and Online
Green Nori Sprinkle	food	1 in Store and Online
Herbamare ® Low Salt 125g	food	2 in Store and Online
Herbamare ® Original 125g	food	4 in Store and Online
Herbamare ® Original 250g	food	3 in Store and Online
Herbamare ® Original 500g	food	7 in Store and Online
Herbamare ® Spicy 125g	food	2 in Store and Online
Honegar 500ml	food	4 in Store and Online
Honegar 750ml	food	2 in Store and Online
Irish Carrageen (Sea moss) 50g	food	5 in Store and Online
Irish Kombu 50g	food	3 in Store and Online
Irish Mixed Sea Veg 50g	food	3 in Store and Online
Japanese Kombu	food	1 in Store and Online
Japanese Nori	food	1 in Store and Online
Japanese Wakame	food	1 in Store and Online
Kelpamare Seasoning Sauce	food	2 in Store and Online
Keto Granola Paleo Fruit Cereal	food	3 in Store and Online
Keto Pancake & Waffle Baking Mix	food	1 in Store and Online
KetoKeto Coconut & Cashew Bar	food	3 in Store and Online
Kidney Bean & Red Pepper Pate	food	1 in Store and Online

Product	Category	Availability
Lavender Honey	food	13 in Store and Online
Lemon & Lime Spread	food	2 in Store and Online
Lime Honey	food	10 in Store and Online
Liquid Coconut Oil	food	Currently Out of Stock
Maccheroni Plain	food	4 in Store and Online
Malt Extract - Classic	food	3 in Store and Online
Malt Extract + Cod Liver Oil	food	2 in Store and Online
Manuka Honey 10+ 250	food	1 in Store and Online
Manuka Honey UMF10+/MGO261	food	2 in Store and Online
Manuka Honey UMF5+/MGO83	food	2 in Store and Online
Manuka Honey UMF5+/MGO83	food	3 in Store and Online
Manuka MGO100 2 x 500g	food	10 in Store and Online
Manuka MGO30 2 x 500g	food	13 in Store and Online
Mirabella Plum Spread	food	4 in Store and Online
Mugi Miso	food	1 in Store and Online
Multifloral Manuka Honey MGO50+	food	2 in Store and Online
Multifloral Manuka Honey MGO50+	food	2 in Store and Online
Oat Granola	food	2 in Store and Online
Ochil Scottish Honey - Heather	food	Currently Out of Stock
Ochil Scottish Honey - Runny	food	Currently Out of Stock
Ochil Scottish Honey - Set	food	Currently Out of Stock
Ochil Scottish Honey with Turmeric	food	Currently Out of Stock
Orange & Ginger Spread	food	5 in Store and Online
Orange Blossom Honey	food	15 in Store and Online
Orange Spread	food	7 in Store and Online
Orchard Apple Crunchy Granola	food	2 in Store and Online
Organic Capers	food	1 in Store and Online
Organic Chia Flax Keto Bread	food	2 in Store and Online
Organic Dulse	food	2 in Store and Online
Organic Fiji Ginger Syrup	food	1 in Store and Online
Organic Miso Soup	food	2 in Store and Online
Original Flax Keto Bread	food	2 in Store and Online
Pear & Apple Fruit Spread	food	5 in Store and Online
Pear & Apple Fruit Spread	food	4 in Store and Online
Pearled Barley Organic	food	1 in Store and Online
Pink Himalayan Salt Coarse 500g	food	2 in Store and Online
Pink Himalayan Salt Fine 500g	food	3 in Store and Online
Pomegranate Molasses	food	1 in Store and Online

Product	Category	Availability
Protein Packed Lentil Cakes	food	2 in Store and Online
Quick Yeast - gluten free	food	4 in Store and Online
Rainforest Honey & Vitamin D3	food	4 in Store and Online
Rainforest Honey 10+ Active	food	2 in Store and Online
Raspberry & Pomegranate Spread	food	3 in Store and Online
Raspberry Spread	food	5 in Store and Online
Raw Cider Vinegar + Turmeric	food	3 in Store and Online
Red Miso Soup	food	3 in Store and Online
Reduced Salt Yeast Extract	food	2 in Store or Click & Collect
Rock Salt 500g	food	2 in Store and Online
Scottish Blossom Honey 340g	food	21 in Store and Online
Scottish Heather & Wildflower Honey	food	4 in Store and Online
Scottish Heather Honey 113g	food	10 in Store and Online
Scottish Heather Honey 227g	food	Currently Out of Stock
Scottish Heather Honey 340g	food	32 in Store and Online
Scottish Heather Honey 340g	food	Currently Out of Stock
Scottish Honey - Runny	food	20 in Store and Online
Scottish Honey - Set	food	25 in Store and Online
Scottish Runny Blossom Honey	food	1 in Store and Online
Sea Salad Organic	food	1 in Store and Online
Sea Salt Flakes	food	2 in Store and Online
Seitan in Tamari Sauce	food	3 in Store and Online
Signature Blend Honey 227g	food	Currently Out of Stock
Smooth Almond Butter 170g	food	1 in Store and Online
Smooth Almond Butter 1kg	food	Currently Out of Stock
Smooth Almond Butter No Salt	food	1 in Store and Online
Stem Ginger in Syrup	food	1 in Store and Online
Stirlingshire Honey Runny	food	Currently Out of Stock
Strawberry Spread	food	3 in Store and Online
Sundried Tomato Nut Roast	food	7 in Store and Online
Sushi Nori	food	2 in Store and Online
Tagliatelle Hot Smoked Paprika	food	4 in Store and Online
Tahini Dark	food	4 in Store and Online
Tahini Light	food	3 in Store and Online
Tamari - 500ml	food	3 in Store and Online
Tamari Reduced Salt	food	2 in Store and Online
Tempeh (or Tempe)	food	2 in Store and Online
Toasted Nori Strips	food	2 in Store and Online

Product	Category	Availability
Truvia Sweetener	food	1 in Store and Online
Vecon Vegetable Stock	food	2 in Store or Click & Collect
Vegan Jelly - Strawberry	food	1 in Store and Online
Vegan Pesto - 165g	food	2 in Store and Online
Vegan Pesto - 340g BB 11-2023	food	1 in Store and Online
Vegeset Jelly - Clear	food	2 in Store and Online
Veggie Jelly - Raspberry	food	7 in Store and Online
Veggie Jelly - Strawberry	food	3 in Store and Online
Veggie Jelly - Tropical	food	3 in Store and Online
Vego Spread Crunchy	food	4 in Store and Online
Vitamin C - gluten free	food	6 in Store and Online
Wheat Germ 400g	food	8 in Store and Online
Wildflower & Manuka Honey	food	4 in Store and Online
Xanthan Gum - gluten free	food	6 in Store and Online
Xylitol - 1kg	food	1 in Store and Online
Xylitol - 225g	food	1 in Store and Online
Yeast Extract	food	2 in Store and Online
Yeast Extract + salt	food	3 in Store and Online
Yogurt Coated Raisins	food	12 in Store and Online
Bavarian Bakehouse Fruit Scone	fresh bread	Please Call to Order
Bavarian Bakehouse Sourdough Cobb	fresh bread	Please Call to Order
Green Origins org Spirulina Powder	herbal remedies	1 in Store only
Hesh Brahmi capsules	herbal remedies	Currently Out of Stock
Reakiro CBD 1000mg mint	herbal remedies	Currently Out of Stock
Together Organic Mushroom 5 60's	herbal remedies	4 in Store only
Viridian Bilberry & Eyebright 30's	herbal remedies	1 in Store only
2-Day Detox Plan	herbal remedies	1 in Store and Online
Activated Charcoal 30 caps	herbal remedies	2 in Store and Online
Activated Charcoal 90 caps	herbal remedies	3 in Store and Online
Aesculus 50ml	herbal remedies	Currently Out of Stock
Agnus Castus 50ml	herbal remedies	2 in Store and Online
Aloe Vera Juice 1lt	herbal remedies	2 in Store and Online
Aloe Vera Juice 500ml	herbal remedies	1 in Store and Online
Aloe Vera Juice 500ml	herbal remedies	2 in Store and Online
AlphaMax with Saw Palmetto	herbal remedies	2 in Store and Online
Apple Cider Vinegar Mega Strength Tablets	herbal remedies	1 in Store and Online
Ashwagandha + Magnesium	herbal remedies	Currently Out of Stock
Ashwagandha 300mg	herbal remedies	1 in Store and Online
Atrogel ® 100ml	herbal remedies	3 in Store and Online

Product	Category	Availability
Atrogel ® 50ml	herbal remedies	2 in Store and Online
Atrosan 30 tablets	herbal remedies	1 in Store and Online
Atrosan 60's	herbal remedies	2 in Store and Online
Avenacalm 50ml	herbal remedies	2 in Store and Online
Beetroot Capsules	herbal remedies	2 in Store and Online
Bio-Propolis Barrier Ointment	herbal remedies	2 in Store and Online
Black Seed Extract	herbal remedies	1 in Store and Online
Boswellia Resin 90's	herbal remedies	1 in Store and Online
Bromelain 90 capsules	herbal remedies	1 in Store and Online
Bronchoforce 50ml	herbal remedies	6 in Store and Online
Bronchosan 100ml	herbal remedies	3 in Store and Online
Calendula Complex 50ml	herbal remedies	1 in Store and Online
Castor Oil - Organic	herbal remedies	6 in Store and Online
Centaurium 50ml	herbal remedies	3 in Store and Online
Cherry Active - 60 caps	herbal remedies	2 in Store and Online
Cherry Active Concentrate 473ml	herbal remedies	2 in Store and Online
Cherry Active Concentrate 946ml	herbal remedies	2 in Store and Online
CherryActive ® Sleep Capsules 30's	herbal remedies	2 in Store and Online
Comfrey Oil	herbal remedies	1 in Store and Online
Cough Spray	herbal remedies	2 in Store and Online
Cranberry Extract 30 Tablets	herbal remedies	2 in Store and Online
Cranberry Extract 90 Tablets	herbal remedies	3 in Store and Online
Crataegus 50ml	herbal remedies	2 in Store and Online
Curcumin from Turmeric 500mg	herbal remedies	8 in Store and Online
Cynara 50ml	herbal remedies	1 in Store and Online
Dandelion 50ml	herbal remedies	2 in Store and Online
Dandelion Root 450mg	herbal remedies	2 in Store and Online
Devil's Claw 100ml	herbal remedies	2 in Store and Online
Devil's Claw 50ml	herbal remedies	2 in Store and Online
DigestEeze 60 tablets	herbal remedies	1 in Store and Online
Digestisan 50ml	herbal remedies	1 in Store and Online
D-Mannose Powder 50g	herbal remedies	2 in Store and Online
Dormeasan 50ml	herbal remedies	7 in Store and Online
Echinacea Lozenges	herbal remedies	14 in Store and Online
Echinaforce 100ml	herbal remedies	3 in Store and Online
Echinaforce 120 tablets	herbal remedies	2 in Store and Online
Echinaforce 50ml	herbal remedies	5 in Store and Online
Echinaforce Forte 40's	herbal remedies	3 in Store and Online

Product	Category	Availability
Echinaforce Hot Drink	herbal remedies	3 in Store and Online
Echinaforce Sore Throat Spray	herbal remedies	3 in Store and Online
Elderberry Throat Spray	herbal remedies	1 in Store and Online
Eleutherococcus 50ml	herbal remedies	Currently Out of Stock
Evening Primrose Oil 100ml	herbal remedies	1 in Store and Online
Eye Drops 10ml	herbal remedies	2 in Store and Online
Eye Drops Extra 10ml	herbal remedies	2 in Store and Online
Fruits & Fibres Cubes	herbal remedies	1 in Store and Online
Garlic Pearls - 120 softgels	herbal remedies	1 in Store and Online
Ginkgo Biloba 100ml	herbal remedies	3 in Store and Online
Ginkgo Biloba 120 tablets	herbal remedies	2 in Store and Online
Ginkgo Biloba 50ml	herbal remedies	3 in Store and Online
Ginkgo Biloba 60 Capsules	herbal remedies	3 in Store and Online
Grape Seed Extract 100mg 30's	herbal remedies	1 in Store and Online
Green Tea Extract 500mg	herbal remedies	Currently Out of Stock
Hawthorn & Garlic Capsules	herbal remedies	2 in Store and Online
Herbal Insect Repellent	herbal remedies	1 in Store and Online
Hyperiforce 60 tablets	herbal remedies	1 in Store and Online
Ivy-Thyme Complex 50ml	herbal remedies	1 in Store and Online
Kalms 168 tablets	herbal remedies	1 in Store and Online
Kalms 84 tablets	herbal remedies	3 in Store and Online
Kyolic Garlic 600 90 tabs	herbal remedies	2 in Store and Online
Lion's Mane & Ginkgo Biloba	herbal remedies	1 in Store and Online
Lion's Mane 50g Powder	herbal remedies	2 in Store and Online
Lion's Mane 60 capsules	herbal remedies	2 in Store and Online
L-Theanine & Lemon Balm 30's	herbal remedies	1 in Store and Online
L-Theanine & Lemon Balm 90's	herbal remedies	Currently Out of Stock
Luffa Complex 50ml	herbal remedies	2 in Store and Online
Lutein Plus - 60 caps	herbal remedies	1 in Store and Online
Marshmallow Root capsules	herbal remedies	1 in Store and Online
Menoforce 30 tablets	herbal remedies	3 in Store and Online
Menoforce 90 tablets	herbal remedies	2 in Store and Online
Menopause Support 60 capsules	herbal remedies	2 in Store and Online
Menosan 100ml	herbal remedies	2 in Store and Online
Menosan 50ml	herbal remedies	1 in Store and Online
Milk Thistle - 30 capsules	herbal remedies	1 in Store and Online
Milk Thistle Complex 100ml	herbal remedies	4 in Store and Online
Milk Thistle Complex 50ml	herbal remedies	2 in Store and Online

Product	Category	Availability
Milk Thistle Complex 60 tablets	herbal remedies	2 in Store and Online
Milk Thistle Drops	herbal remedies	2 in Store and Online
Milk Thistle Drops 100ml	herbal remedies	2 in Store and Online
Moringa Leaf 500mg 120 Capsules	herbal remedies	1 in Store and Online
Moringa Leaf Powder	herbal remedies	1 in Store and Online
Nature C - Vitamin C	herbal remedies	2 in Store and Online
Nettle 220mg Capsules	herbal remedies	2 in Store and Online
Neuro Balance	herbal remedies	1 in Store and Online
Olbas Inhaler	herbal remedies	5 in Store and Online
Olbas Oil 12ml	herbal remedies	1 in Store and Online
Olbas Oil 30ml	herbal remedies	1 in Store and Online
Olive Leaf 30 capsules	herbal remedies	2 in Store and Online
Olive Leaf 90 capsules	herbal remedies	1 in Store and Online
Omega 7 Sea Buckthorn 60's	herbal remedies	2 in Store and Online
Organic Ginger Root 400mg 30's	herbal remedies	Currently Out of Stock
Organic Kelp Capsules	herbal remedies	2 in Store and Online
Organic Valerian Root 400mg	herbal remedies	2 in Store and Online
Passiflora Complex 50ml	herbal remedies	3 in Store and Online
Passiflora Complex Tablets	herbal remedies	3 in Store and Online
Perimenopause Focus	herbal remedies	4 in Store and Online
Plantago 50ml	herbal remedies	6 in Store and Online
Pollinosan ® 120 tablets	herbal remedies	3 in Store and Online
Pollinosan ® Eye Drops	herbal remedies	2 in Store and Online
Pollinosan ® Eye Drops	herbal remedies	2 in Store and Online
Pollinosan ® Nasal Spray	herbal remedies	1 in Store and Online
Pomegranate Juice	herbal remedies	2 in Store and Online
Power Ginseng	herbal remedies	1 in Store and Online
PremEeze ® (Agnus Castus)	herbal remedies	1 in Store and Online
Propolis 1000mg 90 caps	herbal remedies	2 in Store and Online
Propolis 30mls	herbal remedies	1 in Store and Online
Propolis Lozenges	herbal remedies	3 in Store and Online
Raspberry Leaf 60 capsules	herbal remedies	2 in Store and Online
Red Clover Complex 120 tablets	herbal remedies	3 in Store and Online
Red Clover Complex 60 tablets	herbal remedies	2 in Store and Online
RelaxOn Day	herbal remedies	2 in Store and Online
Rutin 60mg - 300 tablets	herbal remedies	2 in Store and Online
Sage 300mg 120's	herbal remedies	3 in Store and Online
Salus Hawthorn Plant Extract	herbal remedies	1 in Store and Online

Product	Category	Availability
Sambucol ® Extra Defence	herbal remedies	2 in Store and Online
Sambucol ® for Kids	herbal remedies	1 in Store and Online
Sambucol ® Original	herbal remedies	3 in Store and Online
Saw Palmetto 30 capsules	herbal remedies	1 in Store and Online
Saw Palmetto 50ml	herbal remedies	3 in Store and Online
Saw Palmetto 90 tablets	herbal remedies	1 in Store and Online
Sea Kelp 400mg - 280 tabs	herbal remedies	2 in Store and Online
Sea Moss Capsules	herbal remedies	1 in Store and Online
Siberian Ginseng 600mg	herbal remedies	2 in Store and Online
Sinuforce Nasal Spray	herbal remedies	2 in Store and Online
Sleep Well Granules	herbal remedies	3 in Store and Online
SleepEezy ® Valerian	herbal remedies	2 in Store and Online
Slippery Elm Capsules	herbal remedies	4 in Store and Online
Solidago Complex 50ml	herbal remedies	1 in Store and Online
Soya Lecithin Granules	herbal remedies	2 in Store and Online
Spilanthes Oleracea 50ml	herbal remedies	Currently Out of Stock
Stinging Nettle 50ml	herbal remedies	3 in Store and Online
Tormentil 50ml	herbal remedies	1 in Store and Online
Turmeric - High Potency	herbal remedies	1 in Store and Online
Turmeric - High Potency 33% extra	herbal remedies	1 in Store and Online
Turmeric - Organic	herbal remedies	2 in Store and Online
Ucalm ® (St John's Wort)	herbal remedies	3 in Store and Online
Urticalcin 360 tablets	herbal remedies	1 in Store and Online
Uva-ursi & Echinacea 50ml	herbal remedies	2 in Store and Online
Venaforce 30 tablets	herbal remedies	1 in Store and Online
Venaforce 60 tablets	herbal remedies	2 in Store and Online
Venagel Horse Chestnut	herbal remedies	Currently Out of Stock
Viola Tricolor 50ml	herbal remedies	1 in Store and Online
V-nal ® Cream	herbal remedies	2 in Store and Online
Wild Oregano Oil 10ml	herbal remedies	2 in Store and Online
Yarrow Complex 50ml	herbal remedies	Currently Out of Stock
Just/Nat org Fenugreek Seeds	herbs and spices	2 in Store only
Just/Nat org Paprika 25g	herbs and spices	1 in Store only
Just/Nat org Sage 25g Box	herbs and spices	1 in Store only
Bay Leaves Organic	herbs and spices	3 in Store and Online
Black Onion Seeds - Organic	herbs and spices	1 in Store and Online
Black Peppercorns - Organic	herbs and spices	2 in Store and Online
Caraway Seeds 50g	herbs and spices	5 in Store and Online

Product	Category	Availability
Cardamoms Ground	herbs and spices	6 in Store and Online
Cardamoms Pods	herbs and spices	2 in Store and Online
Cayenne Powder	herbs and spices	6 in Store and Online
Cinnamon Sticks	herbs and spices	3 in Store and Online
Cloves - Ground	herbs and spices	3 in Store and Online
Cloves Whole	herbs and spices	2 in Store and Online
Coriander Seeds	herbs and spices	2 in Store and Online
Cumin Ground	herbs and spices	Currently Out of Stock
Cumin Seeds 50g	herbs and spices	1 in Store and Online
Garam Masala Organic	herbs and spices	1 in Store and Online
Ginger Ground	herbs and spices	5 in Store and Online
Ground Allspice - Organic	herbs and spices	1 in Store and Online
Juniper Berries Organic	herbs and spices	1 in Store and Online
Madras Curry Powder	herbs and spices	6 in Store and Online
Mixed Spice 50g	herbs and spices	5 in Store and Online
Mustard Powder 50g	herbs and spices	1 in Store and Online
Nutmeg Whole	herbs and spices	4 in Store and Online
Organic Basil	herbs and spices	1 in Store and Online
Organic Black Mustard Seeds	herbs and spices	2 in Store and Online
Organic Ceylon Cinnamon Powder	herbs and spices	2 in Store and Online
Organic Curcuma Powder	herbs and spices	2 in Store and Online
Organic Dill Herb	herbs and spices	1 in Store and Online
Organic Dried Thyme 25g	herbs and spices	4 in Store and Online
Organic Fennel Seeds	herbs and spices	2 in Store and Online
Organic Ground Cinnamon	herbs and spices	3 in Store and Online
Organic Ground Nutmeg	herbs and spices	1 in Store and Online
Organic Mixed Herbs	herbs and spices	1 in Store and Online
Organic Sage Dried	herbs and spices	5 in Store and Online
Organic Turmeric - 500g	herbs and spices	1 in Store and Online
Organic Turmeric 30g	herbs and spices	6 in Store and Online
OrganicGround Coriander	herbs and spices	1 in Store and Online
Paprika	herbs and spices	5 in Store and Online
Poppy Seeds 65g	herbs and spices	2 in Store and Online
Saffron 0.5g	herbs and spices	9 in Store and Online
Star Anise - Organic	herbs and spices	1 in Store and Online
B/dale Grenache Rose Wine 30 bottles	home brew	1 in Store only
Coopers Stout 23L	home brew	4 in Store only
Festival Summer Glory Golden Ale	home brew	Currently Out of Stock
Harris 24cm Vinpapers x 25	home brew	2 in Store only

Product	Category	Availability
Muntons Light Malt Extract Liquid	home brew	Currently Out of Stock
Ritchies Hop Boiling Bag x 10	home brew	1 in Store only
Twin lever corker	home brew	1 in Store only
Airlock 1 single	home brew	102 in Store and Online
Amber Malt Extract	home brew	Currently Out of Stock
Apple Cider Kit 40 pints	home brew	2 in Store and Online
Beer Enhancer 1kg	home brew	1 in Store and Online
Beer Finings liquid	home brew	8 in Store and Online
Beer Finings Powder	home brew	1 in Store and Online
Beer Paddle Spoon	home brew	3 in Store and Online
Bentonite (sodium) 100g	home brew	5 in Store and Online
Bored Bungs 1 single	home brew	87 in Store and Online
Bottle Brush	home brew	6 in Store and Online
Brew Belt	home brew	2 in Store or Click & Collect
Brewing Sugar 1kg	home brew	7 in Store and Online
Bucket 5 litres + lid	home brew	1 in Store and Online
Bulb Holder for 8grm CO2 Bulb	home brew	3 in Store and Online
Cabernet Sauvignon Wine Kit 30 bottles	home brew	2 in Store and Online
Campden Tablets approx 100's	home brew	9 in Store and Online
Carbonation Drops approx 60 drops	home brew	Currently Out of Stock
Carbonation Drops approx 80 drops	home brew	5 in Store and Online
Chardonnay 6 bottles	home brew	Currently Out of Stock
Chardonnay Wine Kit 30 bottles	home brew	3 in Store and Online
Cider Yeast 5g	home brew	7 in Store and Online
Citric Acid 100g	home brew	6 in Store and Online
Citric Acid 50g	home brew	9 in Store and Online
Co2 Bulbs 8g - 10 in pack	home brew	3 in Store or Click & Collect
Complete Syphon Pack	home brew	Currently Out of Stock
Coopers Australian Pale Ale	home brew	3 in Store and Online
Coopers Bootmaker Pale Ale	home brew	4 in Store and Online
Coopers Dark Ale	home brew	2 in Store and Online
Coopers IPA	home brew	Currently Out of Stock
Coopers Irish Stout Kit	home brew	Currently Out of Stock
Coopers Real Ale	home brew	4 in Store and Online
Cork Bored Bungs x3	home brew	3 in Store and Online
Cork Solid Bungs x3	home brew	3 in Store and Online
Corks Straight - 30's	home brew	8 in Store and Online
Corks Tapered - 30's	home brew	6 in Store and Online

Product	Category	Availability
Crown Caps Gold 40's	home brew	7 in Store and Online
Crown Caps Red 40's	home brew	7 in Store and Online
Demijohn Brush Cranked	home brew	4 in Store and Online
Demijohn Glass 1 gallon	home brew	65 in Store or Click & Collect
Dried Elderberries 250g	home brew	Currently Out of Stock
Dried Elderberries 500g	home brew	Currently Out of Stock
Dry White Wine Kit 6 bottle	home brew	2 in Store and Online
Elderberry Wine Kit 6 bottle	home brew	1 in Store and Online
Elderflower Wine Kit 6 bottle	home brew	1 in Store and Online
European Lager Beer Kit	home brew	6 in Store and Online
Fermentation Bin - Lid (only)	home brew	5 in Store and Online
Fermentation Bin - Lid + Grommet (only)	home brew	4 in Store and Online
Fermentation Bin 25 ltr	home brew	4 in Store and Online
Fermentation Bucket + lid 10lt	home brew	2 in Store and Online
Festival German Weiss Kit	home brew	1 in Store and Online
Festival Razorback IPA Kit	home brew	1 in Store and Online
Festival Spiced Winter Ale 18L	home brew	1 in Store and Online
Geordie Lager Kit	home brew	2 in Store and Online
Geordie Mild Beer Kit	home brew	4 in Store and Online
Geordie Scottish Export Kit	home brew	2 in Store and Online
Geordie Yorkshire Bitter Kit	home brew	8 in Store and Online
Hallertau Hops 113g	home brew	Currently Out of Stock
Hand Corker	home brew	3 in Store and Online
Hand Crown Capper	home brew	3 in Store and Online
Harris Pure Brew	home brew	Currently Out of Stock
Hedgerow Wine Kit	home brew	Currently Out of Stock
Hedgerow Wine Kit 22.5L	home brew	3 in Store and Online
Hydrometer Wine & Beer	home brew	3 in Store or Click & Collect
Labels for White Wine	home brew	1 in Store and Online
Long Spoon	home brew	2 in Store and Online
Mangrove Jacks Bavarian Lager Yeast	home brew	2 in Store and Online
Mangrove Jacks Belgian Abbey Yeast	home brew	3 in Store and Online
Mangrove Jacks Belgian Ale Yeast	home brew	3 in Store and Online
Mangrove Jacks Bohemian Lager Yeast	home brew	Currently Out of Stock
Mangrove Jacks Mead Yeast	home brew	3 in Store and Online
Mangrove Jacks Red Wine Yeast	home brew	11 in Store and Online
Mangrove Jacks Sparkling Wine Yeast	home brew	6 in Store and Online
Mangrove Jacks White Wine Yeast	home brew	2 in Store and Online

Product	Category	Availability
Mangrove Jacks White Wine Yeast	home brew	8 in Store and Online
Merlot Wine Kit	home brew	1 in Store and Online
Merlot Wine Kit 30 bottles	home brew	2 in Store and Online
Muntons Export Stout Kit	home brew	1 in Store and Online
Muntons Winter Ale	home brew	1 in Store and Online
Muslin Bags x 2	home brew	21 in Store and Online
Peach & Mango Cider Kit	home brew	1 in Store and Online
Pear Cider Kit 40 pints	home brew	1 in Store and Online
Pectolase 30g	home brew	6 in Store and Online
Pectolase 50g Bagged up	home brew	2 in Store and Online
Petit Shiraz Wine Kit	home brew	1 in Store and Online
Pinot Grigio 6 bottle	home brew	Currently Out of Stock
Pinot Noir 6 bottle	home brew	2 in Store and Online
Potassium Sorbate 25g	home brew	4 in Store and Online
Pressure Barrel	home brew	3 in Store and Online
Quick Serve Tap	home brew	5 in Store and Online
Raspberry & Lime Cider Kit	home brew	1 in Store and Online
Red Grape Juice Concentrate 250ml	home brew	3 in Store and Online
Red Grape Juice Concentrate 500ml	home brew	3 in Store and Online
Red Wine Kit 6 bottle	home brew	2 in Store and Online
Red Wine Yeast 5g	home brew	8 in Store and Online
Re-Start Yeast 5g	home brew	4 in Store and Online
Rojo Tinto 30 bottle	home brew	1 in Store and Online
Rose Wine Kit 30 bottles	home brew	3 in Store and Online
Sauvignon Blanc Wine Kit 30 bottles	home brew	Currently Out of Stock
Scottish grown Hops 10g	home brew	Currently Out of Stock
Simply Bitter 40 pints	home brew	3 in Store and Online
Simply Export Stout 40 pints	home brew	4 in Store and Online
Simply Lager 40 pints	home brew	4 in Store and Online
Simply Mild Ale 40 pints	home brew	8 in Store and Online
Simply Yorkshire Bitter 40 pints	home brew	8 in Store and Online
Sodium Metabisulphite 100g	home brew	3 in Store and Online
Solid Bungs 1 single	home brew	38 in Store and Online
Sparkling Yeast 5g	home brew	2 in Store and Online
Spraymalt Dark 500g	home brew	1 in Store and Online
Spraymalt Light 500g	home brew	Currently Out of Stock
Spraymalt Medium 500g	home brew	1 in Store and Online
Spraymalt Wheat 500g	home brew	2 in Store and Online

Product	Category	Availability
Strawberry Wine Kit 6 bottle	home brew	1 in Store and Online
Sweet White Wine Kit 6 bottle	home brew	2 in Store and Online
Syphon + Sediment Trap	home brew	Currently Out of Stock
Syphon + Sediment Trap	home brew	1 in Store and Online
Syphon Tap	home brew	1 in Store and Online
Tartaric Acid 50g BB 05-2024	home brew	2 in Store and Online
Thermometer	home brew	4 in Store or Click & Collect
Trial Jar 35cm (14 inches)	home brew	4 in Store and Online
Twin Lever Crown Capper	home brew	1 in Store and Online
Vin Clear Wine Finings	home brew	3 in Store and Online
Vinbrite Filter Kit	home brew	1 in Store and Online
VWP Steriliser Powder 100g	home brew	11 in Store and Online
VWP Steriliser Powder 400g	home brew	8 in Store and Online
Wheat Malt Extract	home brew	1 in Store and Online
White Grape Juice Concentrate 250ml	home brew	1 in Store and Online
White Grape Juice Concentrate 500ml	home brew	2 in Store and Online
Wide Neck Fermenter	home brew	3 in Store and Online
Wine Tannin	home brew	5 in Store and Online
Wine Whip Degasser	home brew	Currently Out of Stock
Wine Yeast + Nutrient 100g	home brew	6 in Store and Online
Wine Yeast 50g BB 05-2024	home brew	3 in Store and Online
Woodforde Nelson's Revenge 40 pints	home brew	2 in Store and Online
Woodforde Wherry 40 pints	home brew	2 in Store and Online
Helios Aesculus, Hamamelis Piles Cream	homeopathy	2 in Store only
Aconite 30c	homeopathy	2 in Store and Online
Apis Mel 30c	homeopathy	2 in Store and Online
Argent. Nit. 30c	homeopathy	1 in Store and Online
Arnica 30c	homeopathy	7 in Store and Online
Arnica Massage Balm 100ml	homeopathy	2 in Store and Online
Arnica Massage Balm 50ml	homeopathy	2 in Store and Online
Arnicare ® Cream 50ml	homeopathy	1 in Store and Online
Arsen. Alb. 30c	homeopathy	2 in Store and Online
Belladonna 30c	homeopathy	1 in Store and Online
Bryonia 30c	homeopathy	1 in Store and Online
Calc. Carb. 30c	homeopathy	2 in Store and Online
Calc. Fluor. 30c	homeopathy	2 in Store and Online
Calendula Cream 50ml	homeopathy	4 in Store and Online
Cantharis 30c	homeopathy	2 in Store and Online

Product	Category	Availability
Carbo Veg. 30c	homeopathy	2 in Store and Online
Chamomilla 30c	homeopathy	2 in Store and Online
Chamomilla Teething Granules	homeopathy	Currently Out of Stock
Euphrasia 30c	homeopathy	3 in Store and Online
Gelsemium 30c	homeopathy	1 in Store and Online
Graphites 30c	homeopathy	2 in Store and Online
Helios Sleep 30c Pillules	homeopathy	1 in Store and Online
Hepar Sulph. 30c	homeopathy	1 in Store and Online
Hypercal Wound Salve	homeopathy	2 in Store and Online
Hypericum 30c	homeopathy	2 in Store and Online
Ignatia 30c	homeopathy	2 in Store and Online
Insect Bites Spray	homeopathy	1 in Store and Online
Kali Phos. 30c	homeopathy	1 in Store and Online
Lycopodium 30c	homeopathy	1 in Store and Online
Nat Mur. 30c	homeopathy	1 in Store and Online
Nux Vom. 30c	homeopathy	Currently Out of Stock
Pulsatilla 30c	homeopathy	2 in Store and Online
Rhus Tox & Ruta Cream	homeopathy	1 in Store and Online
Rhus Tox. 30c	homeopathy	3 in Store and Online
Ruta Grav. 30c	homeopathy	1 in Store and Online
Silica 30c	homeopathy	2 in Store and Online
Sulfur 30c	homeopathy	2 in Store and Online
Thuja 30c	homeopathy	2 in Store and Online
Love CBD Hemp Tea	hot drinks	4 in Store only
After Hours Infusion Tea	hot drinks	1 in Store and Online
Assam Tea bags	hot drinks	3 in Store and Online
Assam Tea Bags	hot drinks	2 in Store and Online
Bambu ® Grain Coffee 100g	hot drinks	2 in Store and Online
Bambu ® Grain Coffee 200g	hot drinks	2 in Store and Online
Barleycup Granules	hot drinks	3 in Store and Online
Barleycup Organic	hot drinks	2 in Store and Online
Barleycup Powder	hot drinks	2 in Store and Online
Bedtime Tea	hot drinks	8 in Store and Online
Bilberry & Eyebright Tea	hot drinks	4 in Store and Online
Breathe Deep Tea	hot drinks	5 in Store and Online
Buddha Teas Matcha Green Tea Blend	hot drinks	1 in Store and Online
Buddha Teas Peppermint Infusion	hot drinks	2 in Store and Online
Buddha Teas Turmeric & Ginger Tea	hot drinks	1 in Store and Online

Product	Category	Availability
Chamomile Tea 100g	hot drinks	3 in Store and Online
Chicory Cocoa Drink	hot drinks	3 in Store and Online
Chicory Coffee 100g	hot drinks	Currently Out of Stock
Choco Tea	hot drinks	1 in Store and Online
Classic Tea	hot drinks	4 in Store and Online
Clipper Chamomile Tea	hot drinks	2 in Store and Online
Clipper Dandelion Tea	hot drinks	4 in Store and Online
Clipper Karma Mama	hot drinks	2 in Store and Online
Clipper Liquorice Tea	hot drinks	5 in Store and Online
Clipper Nettle Tea	hot drinks	8 in Store and Online
Clipper Org Decaf - 40's	hot drinks	3 in Store and Online
Clipper Org Decaf - 80's BB10/23	hot drinks	1 in Store and Online
Clipper Organic Earl Grey	hot drinks	Currently Out of Stock
Clipper Organic Tea 40's	hot drinks	6 in Store and Online
Clipper Organic Tea 80's	hot drinks	6 in Store and Online
Clipper Peppermint Tea	hot drinks	11 in Store and Online
Clipper Snore & Peace	hot drinks	3 in Store and Online
Coffee Pods Immunity Boost	hot drinks	1 in Store and Online
Dandelion Coffee 200g	hot drinks	3 in Store and Online
Dandelion Tea 100g	hot drinks	4 in Store and Online
Darjeeling Leaf - Organic	hot drinks	6 in Store and Online
Defending Green tea	hot drinks	5 in Store and Online
Echinacea Tea	hot drinks	2 in Store and Online
Elderberry & Echinacea	hot drinks	4 in Store and Online
Elderflower Tea 50g	hot drinks	2 in Store and Online
Feel New Tea	hot drinks	2 in Store and Online
Finest Selection Box	hot drinks	2 in Store and Online
Floradix Fennel Tea	hot drinks	2 in Store and Online
Floradix Hawthorn Tea	hot drinks	4 in Store and Online
Floradix Lemon Balm Tea	hot drinks	3 in Store and Online
Floradix Sage Tea	hot drinks	4 in Store and Online
Floradix St John's Wort Tea	hot drinks	3 in Store and Online
Ginger Lemon Tea	hot drinks	3 in Store and Online
Green Balance Tea	hot drinks	3 in Store and Online
Green Loose Leaf - Organic	hot drinks	4 in Store and Online
Green Tea & Lemon	hot drinks	Currently Out of Stock
Green Tea Collection	hot drinks	2 in Store and Online
Green Tea Selection	hot drinks	2 in Store and Online

Product	Category	Availability
Ground Coffee Blend	hot drinks	1 in Store and Online
Gunpowder Green Tea	hot drinks	5 in Store and Online
Happy Nature Tea bags	hot drinks	3 in Store and Online
Himalaya Tea	hot drinks	6 in Store and Online
Hot Chocolate Winterspice	hot drinks	9 in Store and Online
Instant Dandelion Coffee 100g	hot drinks	2 in Store and Online
Instant Dandelion Coffee 50g	hot drinks	2 in Store and Online
Instant Hot Chocolate	hot drinks	1 in Store and Online
Kukicha Tea	hot drinks	2 in Store and Online
Kukicha Twig Tea	hot drinks	2 in Store and Online
Lemon & Ginger Tea BB 07-03	hot drinks	4 in Store and Online
Lemon Verbena Tea Loose 50g	hot drinks	2 in Store and Online
Lemongrass & Ginger	hot drinks	4 in Store and Online
Licorice & Cinnamon	hot drinks	3 in Store and Online
Licorice Tea	hot drinks	3 in Store and Online
Lime Flower Tea 50g	hot drinks	2 in Store and Online
Lion's Mane Mushroom Black Tea	hot drinks	6 in Store and Online
Lion's Mane Mushroom Green Tea	hot drinks	Currently Out of Stock
Loose English Breakfast Tea	hot drinks	Currently Out of Stock
Loose Lemon Balm Tea	hot drinks	Currently Out of Stock
Loose Organic Green Tea	hot drinks	Currently Out of Stock
Loose Organic Green Tea	hot drinks	6 in Store and Online
Love Tea	hot drinks	3 in Store and Online
Luaka Ceylon Tea	hot drinks	Currently Out of Stock
Matcha Green Tea Powder	hot drinks	1 in Store and Online
Matcha Sencha Green Tea	hot drinks	4 in Store and Online
Moonlight Jasmine Tea	hot drinks	1 in Store and Online
Morning Time Tea - 20 bags	hot drinks	1 in Store and Online
Muir Puama & Ashwagandha Tea	hot drinks	1 in Store and Online
Mullein & Thyme Tea	hot drinks	3 in Store and Online
Nettle Tea 100g	hot drinks	2 in Store and Online
Oolong Tea	hot drinks	2 in Store and Online
Organic Cocoa Powder 125g	hot drinks	3 in Store and Online
Organic Cocoa Powder 250g	hot drinks	1 in Store and Online
Organic Darjeeling Tea	hot drinks	6 in Store and Online
Organic Dark Roast Coffee	hot drinks	2 in Store and Online
Organic Decaf Green Tea	hot drinks	2 in Store and Online
Organic Decaffeinated Coffee	hot drinks	7 in Store and Online

Product	Category	Availability
Organic English Breakfast Tea	hot drinks	3 in Store and Online
Organic freeze dried Coffee	hot drinks	2 in Store and Online
Organic Green Tea 20 bags	hot drinks	4 in Store and Online
Organic Instant Decaf Coffee	hot drinks	3 in Store and Online
Organic Sumatra Gayo Highlands	hot drinks	4 in Store and Online
Peace Tea	hot drinks	2 in Store and Online
Peppermint & Licorice	hot drinks	4 in Store and Online
Peppermint Tea 100g	hot drinks	1 in Store and Online
Positive Energy Tea	hot drinks	2 in Store and Online
Pukka Winter Warmer Tea	hot drinks	1 in Store and Online
Raspberry Leaf Tea & Peppermint	hot drinks	3 in Store and Online
Raspberry Tea Loose 100g	hot drinks	2 in Store and Online
Redbush Tea - Loose	hot drinks	3 in Store and Online
Redbush Tea 40 bags	hot drinks	1 in Store and Online
Redbush Tea 80 bags	hot drinks	3 in Store and Online
Relax Tea	hot drinks	3 in Store and Online
Rio Yerba Mate tea	hot drinks	1 in Store and Online
Rooibosh Tea 100g	hot drinks	3 in Store and Online
Rose Tea	hot drinks	5 in Store and Online
Rosehip & Hibiscus	hot drinks	Currently Out of Stock
Rosehip & Hibiscus Tea	hot drinks	3 in Store and Online
Rosehip Tea 200g	hot drinks	3 in Store and Online
Sencha Green Tea	hot drinks	3 in Store and Online
Sencha Loose Green Tea 90g	hot drinks	1 in Store and Online
Sleepytime Tea	hot drinks	3 in Store and Online
Star Salutation Tea	hot drinks	6 in Store and Online
Stomach Ease Tea	hot drinks	2 in Store and Online
Suki Apple Loves Mint Tea 100g	hot drinks	2 in Store and Online
Suki Belfast Brew Tea 100g	hot drinks	4 in Store and Online
Suki Breakfast Tea 100g	hot drinks	6 in Store and Online
Suki Earl Grey Blue Flower Tea 100g	hot drinks	4 in Store and Online
Suki Indian Spice Chai Tea 100g	hot drinks	6 in Store and Online
Tea Basket Infuser	hot drinks	1 in Store and Online
Three Fennel	hot drinks	1 in Store and Online
Three Ginger	hot drinks	4 in Store and Online
Three Mint Tea	hot drinks	4 in Store and Online
Throat Comfort Tea	hot drinks	4 in Store and Online
Tick Tock BedtimeTea	hot drinks	6 in Store and Online

Product	Category	Availability
Tick Tock Rooibos Tea	hot drinks	1 in Store and Online
Tulsi Clarity	hot drinks	2 in Store and Online
Turmeric Active Tea	hot drinks	5 in Store and Online
Turmeric Chai	hot drinks	5 in Store and Online
Vanilla Chai	hot drinks	2 in Store and Online
Vanilla Rooibos	hot drinks	1 in Store and Online
White Tea - Organic 40	hot drinks	3 in Store and Online
Whole Earth No Caf	hot drinks	3 in Store and Online
Whole Earth Wake Up	hot drinks	2 in Store and Online
Women's Balance Tea	hot drinks	2 in Store and Online
Women's Tea	hot drinks	2 in Store and Online
Yarrow Tea Loose 100g	hot drinks	2 in Store and Online
Yogi Loose Choco Chai Tea	hot drinks	2 in Store and Online
Yogi Loose Classic Chai Tea	hot drinks	1 in Store and Online
Yogi Tulsi Relax Tea	hot drinks	3 in Store and Online
Just Natural Reusable bag	household products	264 in Store only
Ocean Saver Anti-bac Pouch	household products	1 in Store only
Ocean Saver Compostable Sponge Cloths	household products	1 in Store only
Ocean Saver Empty Bottle	household products	1 in Store only
Ocean Saver Kitchen Degreaser Pouch	household products	1 in Store only
Baking Cups - Large	household products	2 in Store and Online
Beeswax block	household products	7 in Store and Online
Beeswax Candle - Bear	household products	29 in Store and Online
Beeswax Candle - Beehive	household products	11 in Store and Online
Beeswax Candle - Standard	household products	7 in Store and Online
Biodegradable Bin Liners 30lt	household products	3 in Store and Online
Biosnacky ® 3-tier Germinator	household products	1 in Store or Click & Collect
Biosnacky ® Glass Germinator	household products	2 in Store and Online
Compostable Bin Liners 10L	household products	4 in Store and Online
Compostable Bin Liners 30L	household products	3 in Store and Online
Compostable Bin Liners 50L	household products	1 in Store and Online
Compostable Caddy Liners	household products	3 in Store and Online
Compostable Cling Film	household products	3 in Store and Online
Degradable Freezer Bags	household products	4 in Store and Online
Degradable Swing Bin Liners	household products	1 in Store and Online
Fairtrade Latex Household Gloves	household products	Currently Out of Stock
Fairtrade Latex Household Gloves Small	household products	2 in Store and Online
Firelighters	household products	9 in Store and Online
Loof Co Coir Fibre Bottle Brush	household products	1 in Store and Online

Product	Category	Availability
Loof Co Coir Fibre Washing-Up Brush	household products	7 in Store and Online
Loof Co Washing-Up Pad	household products	7 in Store and Online
Loof Co Washing-Up Scraper	household products	1 in Store and Online
Multi-action Cleaner Refill	household products	1 in Store and Online
Paper Sandwich Bags	household products	3 in Store and Online
Parchment Baking Paper	household products	1 in Store and Online
Recycled Aluminium Foil	household products	2 in Store and Online
Recycled Kitchen Rolls	household products	6 in Store or Click & Collect
Recycled Toilet Paper	household products	2 in Store or Click & Collect
Rock Salt Lamp Extra Big	household products	1 in Store or Click & Collect
Rock Salt Lamp Tree of Life	household products	1 in Store and Online
Sponge Cloths - 100% natural	household products	3 in Store and Online
Traditional Ear Candles 1 pair	household products	1 in Store and Online
Washing-Up Lemon & Aloe Vera 950ml	household products	4 in Store and Online
Psaltry org Cassava Flour	organic produce	1 in Store only
Psaltry org Cassava Starch	organic produce	1 in Store only
Aduki Beans - Organic	organic produce	2 in Store and Online
Agave Syrup 240ml	organic produce	3 in Store and Online
Agave Syrup 500ml	organic produce	3 in Store and Online
Alara Rich Muesli	organic produce	Currently Out of Stock
Apple & Apricot Puree	organic produce	Currently Out of Stock
Apple & Blueberry Puree	organic produce	Currently Out of Stock
Apple & Strawberry Puree	organic produce	2 in Store and Online
Apple Puree	organic produce	3 in Store and Online
Baked Beans - Organic	organic produce	8 in Store and Online
Baked Beans - Organic	organic produce	4 in Store and Online
Barley Miso Jar	organic produce	2 in Store and Online
BBQ Sauce - Organic	organic produce	2 in Store and Online
Beetroot Juice - Organic	organic produce	5 in Store and Online
Biosnacky ® Alfalfa Seeds	organic produce	4 in Store and Online
Biosnacky ® Mung Beans	organic produce	3 in Store and Online
Biosnacky ® Wellness Mix	organic produce	3 in Store and Online
Blackstrap Molasses 350g	organic produce	3 in Store and Online
Blackstrap Molasses 600g	organic produce	3 in Store and Online
Blueberry Spread - Organic	organic produce	3 in Store and Online
Bouillon Organic (Red) 150g	organic produce	3 in Store and Online
Bouillon Organic (Red) 500g	organic produce	3 in Store and Online
Brown Rice Syrup - Organic	organic produce	2 in Store and Online

Product	Category	Availability
Brown Sauce	organic produce	2 in Store and Online
Butter Beans - Organic	organic produce	3 in Store and Online
Cannellini Beans - Organic	organic produce	2 in Store and Online
Carob Powder	organic produce	2 in Store and Online
Carrot & Raisin Sprouted Wheat Bread	organic produce	1 in Store and Online
Chicken Stock Cubes	organic produce	5 in Store and Online
Chickpeas - Organic	organic produce	3 in Store and Online
Cider Vinegar 750ml	organic produce	7 in Store and Online
Coconut Aminos - Organic	organic produce	3 in Store and Online
Coconut Cream	organic produce	2 in Store and Online
Coconut Creamed - Organic	organic produce	1 in Store and Online
Coconut Milk - Light	organic produce	2 in Store and Online
Coconut Milk - Organic	organic produce	1 in Store and Online
Coconut Palm Sugar - Organic	organic produce	2 in Store and Online
Coconut Palm Sugar - Organic	organic produce	2 in Store and Online
Corn Semolina Organic	organic produce	1 in Store and Online
Crunchy Peanut Butter - Organic	organic produce	2 in Store or Click & Collect
Crunchy Peanut Butter - Organic	organic produce	3 in Store and Online
Crunchy Peanut Butter 700g	organic produce	1 in Store and Online
Cyder Vinegar 500ml	organic produce	2 in Store and Online
Dark Chocolate Spread - Vegan	organic produce	1 in Store and Online
Dijon Mustard - Organic	organic produce	1 in Store and Online
Dried Tomatoes	organic produce	2 in Store and Online
Extra Virgin Olive Oil	organic produce	2 in Store and Online
Extra Virgin Olive Oil Early 250ml	organic produce	Currently Out of Stock
Extra Virgin Olive Oil Early 500ml	organic produce	Currently Out of Stock
Extra Virgin Olive Oil Late 250ml	organic produce	Currently Out of Stock
Extra Virgin Olive Oil Late 500ml	organic produce	Currently Out of Stock
Farmer's Reserve Olive Oil Early 250ml	organic produce	Currently Out of Stock
Fig and Orange Cake	organic produce	2 in Store and Online
Flax Seed Oil - Organic	organic produce	Currently Out of Stock
Flax, Sunflower, Pumpkin, Chia & Goji Berries	organic produce	2 in Store and Online
Flaxseed, almonds, brazils, walnuts	organic produce	2 in Store and Online
Gluten Free Brown Rice Breadcrumbs	organic produce	2 in Store and Online
Golden Sauerkraut	organic produce	7 in Store and Online
Gomitini Macaroni Whole Wheat	organic produce	12 in Store and Online
Ground Flaxseed - 175g	organic produce	10 in Store and Online
Hemp Seeds 250g	organic produce	2 in Store and Online

Product	Category	Availability
Lemon Juice - Organic	organic produce	3 in Store and Online
Maca Powder Organic	organic produce	Currently Out of Stock
Malt Extract - Organic	organic produce	2 in Store and Online
Mixed Beans - Organic	organic produce	2 in Store and Online
Mr Organic Ketchup	organic produce	3 in Store and Online
Natural Tofu in Jar	organic produce	1 in Store and Online
Orange Blossom Water - Organic	organic produce	1 in Store and Online
Organic Almond Butter 170g	organic produce	2 in Store and Online
Organic Almond Butter 170g	organic produce	2 in Store and Online
Organic Almond Butter 470g	organic produce	1 in Store or Click & Collect
Organic Belgian Chocolate Rice Thins	organic produce	1 in Store and Online
Organic Cashew Butter 170g	organic produce	2 in Store and Online
Organic Cashew Butter 470g	organic produce	Currently Out of Stock
Organic Chopped Tomatoes	organic produce	3 in Store and Online
Organic Coconut Butter	organic produce	1 in Store and Online
Organic Coconut Oil 200g	organic produce	2 in Store and Online
Organic Coconut Oil 400g	organic produce	2 in Store and Online
Organic Coconut Oil 800g	organic produce	2 in Store and Online
Organic Corn Flakes	organic produce	6 in Store and Online
Organic Crunchy Muesli	organic produce	Currently Out of Stock
Organic Crunchy Peanut Butter - 470g	organic produce	6 in Store and Online
Organic Digestive Biscuits 200g	organic produce	5 in Store and Online
Organic Digestive Biscuits 400g	organic produce	5 in Store and Online
Organic Eggs - Large	organic produce	Currently Out of Stock
Organic Eggs - Medium	organic produce	2 in Store or Click & Collect
Organic Falafel Mix	organic produce	6 in Store and Online
Organic Ghee	organic produce	1 in Store and Online
Organic Ghee	organic produce	1 in Store and Online
Organic Gherkins 680g	organic produce	1 in Store and Online
Organic Green & Kalamata Olives	organic produce	4 in Store and Online
Organic Green Det'x Mix	organic produce	2 in Store and Online
Organic Harissa Chilli Relish	organic produce	2 in Store and Online
Organic Hemp Oil	organic produce	1 in Store and Online
Organic Kimchi	organic produce	2 in Store and Online
Organic Maple Syrup Amber	organic produce	10 in Store and Online
Organic Maple Syrup Dark	organic produce	1 in Store and Online
Organic Muesli 1kg	organic produce	2 in Store and Online
Organic Oatcakes	organic produce	1 in Store and Online

Product	Category	Availability
Organic Passata	organic produce	2 in Store and Online
Organic Red Lentil Rice	organic produce	1 in Store and Online
Organic Red Quinoa 500g	organic produce	2 in Store and Online
Organic Rice Cakes Salted	organic produce	3 in Store and Online
Organic Rice Cakes Unsalted	organic produce	3 in Store and Online
Organic Sauerkraut	organic produce	3 in Store and Online
Organic Silken Tofu	organic produce	Currently Out of Stock
Organic Sliced Gherkins 350g	organic produce	2 in Store and Online
Organic Smooth Peanut Butter 1kg	organic produce	3 in Store or Click & Collect
Organic Smooth Peanut Butter 470g	organic produce	2 in Store and Online
Organic Soya Chunks	organic produce	1 in Store and Online
Organic Soya Mince	organic produce	2 in Store and Online
Organic Sweet Chilli Sauce	organic produce	1 in Store and Online
Organic Tomato Puree	organic produce	4 in Store and Online
Organic Tomato Puree in jar	organic produce	Currently Out of Stock
Organic Tomato Puree in jar	organic produce	Currently Out of Stock
Organic Tricolore Quinoa 500g	organic produce	2 in Store and Online
Organic White Quinoa 500g	organic produce	2 in Store and Online
Organic Wholegrain Mustard	organic produce	2 in Store and Online
Pea Protein Powder	organic produce	1 in Store and Online
Pear & Banana Puree	organic produce	3 in Store and Online
Pear Puree	organic produce	2 in Store and Online
Polenta Bramata	organic produce	3 in Store and Online
Pumpernickel Bread	organic produce	3 in Store and Online
Pumpkin Seed Butter	organic produce	1 in Store and Online
Raw Cider Vinegar 1 litre	organic produce	2 in Store and Online
Raw Cider Vinegar 500ml	organic produce	3 in Store and Online
Red Kidney Beans - Organic	organic produce	4 in Store and Online
Rice Vinegar Organic	organic produce	2 in Store and Online
Rose Water - Organic	organic produce	2 in Store and Online
Rowse Organic Squeezy Honey	organic produce	2 in Store and Online
Ruby Sauerkraut	organic produce	5 in Store and Online
Rye Bread + Chia	organic produce	2 in Store and Online
Rye Bread + Pumpkin	organic produce	2 in Store and Online
Rye Bread + Sunflower	organic produce	1 in Store and Online
Rye Bread Plain	organic produce	3 in Store and Online
Sesame Oil - Organic	organic produce	1 in Store and Online
Shoyu - Organic 150ml	organic produce	3 in Store and Online

Product	Category	Availability
Shoyu - Organic 500ml	organic produce	1 in Store and Online
Smooth Peanut Butter - Organic	organic produce	2 in Store and Online
Sojade Cuisine 200ml	organic produce	1 in Store and Online
Spelt Fusilli	organic produce	7 in Store and Online
Spelt Lasagne Sheets	organic produce	1 in Store and Online
Spelt Penne	organic produce	1 in Store and Online
Spelt Pizza Bases	organic produce	1 in Store and Online
Spelt Spaghetti	organic produce	3 in Store and Online
Spirulina Powder Organic	organic produce	Currently Out of Stock
Sprouted Rye Bread	organic produce	Currently Out of Stock
Sprouted Spelt Bread	organic produce	2 in Store and Online
Suma Organic Dark Tahini	organic produce	3 in Store and Online
Suma Organic Light Tahini	organic produce	1 in Store and Online
Sunflower Oil - Organic	organic produce	1 in Store and Online
Sweet Apricot Kernels	organic produce	2 in Store and Online
Sweet White Miso Paste	organic produce	Currently Out of Stock
Tahini Dark - Organic	organic produce	3 in Store and Online
Tahini Dark - Organic 470g	organic produce	1 in Store or Click & Collect
Tahini Light - Organic	organic produce	4 in Store and Online
Tartex Classic Pate	organic produce	8 in Store and Online
Tartex Herb & Garlic Pate	organic produce	3 in Store and Online
Tartex Herb Pate	organic produce	9 in Store and Online
Tartex Mushroom Pate	organic produce	12 in Store and Online
Tomato & Basil Sauce	organic produce	4 in Store and Online
Tomato & Olive Sauce	organic produce	1 in Store and Online
Tricolore Fusilli Pasta	organic produce	3 in Store and Online
Uhhmami Bacon'ish Vegan 'bacon' stock	organic produce	2 in Store and Online
Uhhmami Beef'ish Vegan 'beef' stock	organic produce	2 in Store and Online
Uhhmami Chicken'ish Vegan 'chicken' stock	organic produce	1 in Store and Online
Umeboshi Plums	organic produce	1 in Store and Online
Vanilla Bean Extract	organic produce	2 in Store and Online
Vanilla Bean Paste	organic produce	2 in Store and Online
Vegan Green Pesto	organic produce	1 in Store and Online
Vegan Mayonnaise	organic produce	2 in Store and Online
Vegan Worcester Sauce - No Gluten	organic produce	2 in Store and Online
Vegetable Stock Cubes	organic produce	13 in Store and Online
Wheat Asia Noodles	organic produce	1 in Store and Online
Wheat Grass Organic	organic produce	2 in Store and Online

Product	Category	Availability
Yaemon Tamari - Organic 150ml	organic produce	2 in Store and Online
Yaemon Tamari - Organic 500ml	organic produce	1 in Store and Online
Antipodes Gospel Vitamin C Gel Cleanser	personal care	1 in Store only
Basix Tissue oil clear skin oil	personal care	1 in Store only
Castor Oil 100ml	personal care	1 in Store only
Dame Organic Cotton Tampons 16 regular	personal care	1 in Store only
Dame Period Cup Large	personal care	1 in Store only
Dame Reusable Period Pad 1 regular	personal care	1 in Store only
Dame Reusable Tampon Applicator 1 single	personal care	1 in Store only
Gloriah Liberation Oil	personal care	1 in Store only
Selenacare Menstrual Cup	personal care	1 in Store only
Selenacare Washable Pad	personal care	1 in Store only
Selenacare Washable Panty Liner	personal care	1 in Store only
Weleda Age Revitalising Day Cream 30ml	personal care	1 in Store only
Weleda Age Revitalising Night Cream	personal care	2 in Store only
100% Organic Shea Butter	personal care	2 in Store and Online
2 in 1 Body Cleansing Bar	personal care	4 in Store and Online
2 in 1 Shampoo & Conditioner Bar	personal care	1 in Store and Online
7 Chakras Bracelet + mini Heart	personal care	1 in Store and Online
7 Chakras Bracelet Ceil de Tigre	personal care	Currently Out of Stock
7 Chakras Bracelet Howlite Buddha	personal care	1 in Store and Online
7 Chakras Bracelet Pierre de Lave	personal care	1 in Store and Online
Age Renewal Vitamin E 25,000iu	personal care	3 in Store and Online
Aknedoron Purifying Lotion	personal care	1 in Store and Online
Alladale Natural Hand Cream	personal care	Currently Out of Stock
Alladale Thistle Body Cream	personal care	Currently Out of Stock
Alladale Thistle Conditioner	personal care	Currently Out of Stock
Alladale Thistle Shampoo	personal care	Currently Out of Stock
Almond Day Cream	personal care	3 in Store and Online
Almond Facial Cream	personal care	1 in Store and Online
Almond Hand Cream	personal care	2 in Store and Online
Aloe Pura After Sun	personal care	1 in Store and Online
Aloe Pura Sun Lotion SPF 15	personal care	6 in Store and Online
Aloe Pura Sun Lotion SPF 25	personal care	2 in Store and Online
Aloe Pura Sun Lotion SPF 50	personal care	1 in Store and Online
Aloe Vera + Prickly Pear Shampoo	personal care	1 in Store and Online
Aloe Vera Baby Wipes	personal care	2 in Store and Online
Aloe Vera Body Wash	personal care	2 in Store and Online
Aloe Vera Body Wash	personal care	3 in Store and Online

Product	Category	Availability
Aloe Vera Conditioner	personal care	3 in Store and Online
Aloe Vera Conditioner	personal care	2 in Store and Online
Aloe Vera Gel - 100ml	personal care	3 in Store and Online
Aloe Vera Gel - 200ml	personal care	3 in Store and Online
Aloe Vera Hand Soap	personal care	Currently Out of Stock
Aloe Vera Moisturizing Creme	personal care	1 in Store and Online
Aloe Vera Mouthwash	personal care	4 in Store and Online
Aloe Vera Shampoo	personal care	2 in Store and Online
Aloe Vera Toothpaste no fluoride	personal care	Currently Out of Stock
AloeDent ® Children's	personal care	2 in Store and Online
AloeDent ® Sensitive	personal care	3 in Store and Online
AloeDent ® Triple Action	personal care	3 in Store and Online
AloeDent ® Whitening	personal care	4 in Store and Online
Anti-Ageing Moisturising Cream	personal care	3 in Store and Online
Anti-Ageing Q10 Face Mask	personal care	7 in Store and Online
Anti-Dandruff Shampoo Body & Hair	personal care	Currently Out of Stock
Anti-Stress Shower Gel	personal care	Currently Out of Stock
Aralia Day & Night Face Cream	personal care	Currently Out of Stock
Argan Night Cream	personal care	2 in Store and Online
Australian Tea Tree Shampoo	personal care	1 in Store and Online
Avocado Hand Cream	personal care	3 in Store and Online
Avocado Shampoo	personal care	2 in Store and Online
Baking Soda Toothpaste no fluoride	personal care	2 in Store and Online
Bamboo Adult Medium Toothbrush	personal care	2 in Store and Online
Bamboo Baby Wipes	personal care	8 in Store and Online
Bamboo Facial Wipes	personal care	2 in Store and Online
Bamboo Nappies Size 0	personal care	1 in Store and Online
Bamboo Nappy Pants Size 7	personal care	1 in Store and Online
Bamboo Socks UK size 4 - 7	personal care	17 in Store and Online
Bamboo Socks UK size 8 - 11	personal care	16 in Store and Online
Bamboo Toothbrush Children	personal care	13 in Store and Online
Bamboo Toothbrush Medium	personal care	5 in Store and Online
Bamboo Toothbrush Soft	personal care	6 in Store and Online
Basis All-round Cream	personal care	3 in Store and Online
Basis Deodorant Roll-On	personal care	2 in Store and Online
Basis Deodorant Spray	personal care	1 in Store and Online
Basis Sensitive Lip Balm	personal care	Currently Out of Stock
Bio D Fragrance Free Hand Wash	personal care	3 in Store and Online

Product	Category	Availability
Bio D Fragrance Free Hand Wash 5 l	personal care	1 in Store and Online
Bio D Hand Wash - Geranium	personal care	3 in Store and Online
Bio D Hand Wash - Lime & Aloe Vera	personal care	4 in Store and Online
Bio D Hand Wash Geranium 5 l	personal care	1 in Store and Online
Blue Cedar for Men	personal care	1 in Store and Online
Body Wash 2 in 1	personal care	1 in Store and Online
Calendula Nappy Change Cream	personal care	Currently Out of Stock
Calendula Ointment 30ml	personal care	4 in Store and Online
Calendula Ointment 60ml	personal care	3 in Store and Online
Calendula Shampoo & Body Wash	personal care	1 in Store and Online
Calendula Toothpaste	personal care	2 in Store and Online
Caurnie Lavender Soap	personal care	14 in Store and Online
Caurnie Nettle Soap	personal care	34 in Store and Online
Caurnie Rose Soap	personal care	21 in Store and Online
Charcoal Toothpaste no fluoride	personal care	2 in Store and Online
Cinnamon & Orange Soap Bar	personal care	5 in Store and Online
Citrus Body Wash	personal care	Currently Out of Stock
Citrus Deodorant 100ml	personal care	3 in Store and Online
Cleansing Gel	personal care	3 in Store and Online
Cleansing Milk	personal care	3 in Store and Online
Coconut Body Wash	personal care	2 in Store and Online
Coconut Conditioner	personal care	7 in Store and Online
Coconut Shampoo	personal care	3 in Store and Online
Comfrey Ointment 30ml	personal care	2 in Store and Online
Comfrey Ointment 60ml	personal care	2 in Store and Online
Complete Care Toothpaste	personal care	1 in Store and Online
Conditioner Bar Geranium	personal care	2 in Store and Online
Conditioner Bar Tea Tree	personal care	2 in Store and Online
Dead Sea Bath Salts 1000g	personal care	2 in Store and Online
Deodorant Balm Amber & Sandalwood	personal care	2 in Store and Online
Deodorant Balm Lavender	personal care	1 in Store and Online
Deodorant Balm Unscented	personal care	2 in Store and Online
Deodorant Stick Forever Fresh	personal care	Currently Out of Stock
Deodorant Stick Lavender	personal care	Currently Out of Stock
Deodorant Stick Mighty Mint	personal care	Currently Out of Stock
Deodorant Stick Orange	personal care	Currently Out of Stock
Deodorant Stick So Sensitive	personal care	Currently Out of Stock
Deodorant Stick Sweet Serenity	personal care	Currently Out of Stock

Product	Category	Availability
Dr Bronner Almond Castile Bar Soap	personal care	1 in Store and Online
Dr Bronner Baby Castile Bar Soap	personal care	Currently Out of Stock
Dragon Fruit Body Wash	personal care	1 in Store and Online
Dragon Fruit Conditioner	personal care	1 in Store and Online
Dragon Fruit Shampoo	personal care	2 in Store and Online
Echinacea Toothpaste	personal care	1 in Store and Online
Eco Floss Dental Floss	personal care	4 in Store and Online
Eco Floss Refill	personal care	4 in Store and Online
Ecover Hand Soap Refill	personal care	2 in Store and Online
Epsom Salts 1000g	personal care	1 in Store and Online
Epsom Salts 500g	personal care	2 in Store and Online
Express Body Lotion	personal care	1 in Store and Online
Extra Volumizing Biotin Conditioner	personal care	1 in Store and Online
Faith Body Care Gift Set	personal care	1 in Store and Online
Fennel Toothpaste + Fluoride	personal care	2 in Store and Online
Fennel Toothpaste no fluoride	personal care	4 in Store and Online
Foot Cream	personal care	1 in Store and Online
For Men Blue Cedar Shampoo	personal care	1 in Store and Online
Fragrance Free Aloe Vera Soap Bar	personal care	4 in Store and Online
Fragrance Free Body Wash	personal care	1 in Store and Online
Fragrance Free Shampoo	personal care	2 in Store and Online
Friendly Detox Soap Bar	personal care	5 in Store and Online
Friendly Orange & Grapefruit Soap	personal care	2 in Store and Online
Friendly Patchouli & Sandalwood Soap	personal care	2 in Store and Online
Friendly Tea Tree & Turmeric Soap	personal care	2 in Store and Online
Gardener's Hand Balm	personal care	2 in Store and Online
Gentle Cleansing Milk	personal care	1 in Store and Online
Gentle Shaving Foam	personal care	2 in Store and Online
Glycerine Aloe Vera & Grapefruit	personal care	18 in Store and Online
Glycerine Geranium & Rose	personal care	19 in Store and Online
Glycerine Lime & Lemongrass	personal care	24 in Store and Online
Glycerine Mandarin & Ginger	personal care	21 in Store and Online
Glycerine Sandalwood	personal care	13 in Store and Online
Goats Milk Soap	personal care	1 in Store and Online
Grapefruit & Orange	personal care	2 in Store and Online
Grapeseed Oil + Sea Kelp Conditioner	personal care	Currently Out of Stock
Grapeseed Oil + Sea Kelp Shampoo	personal care	Currently Out of Stock
Hand carved Olive Wooden Bowl	personal care	6 in Store and Online

Product	Category	Availability
Hand Cream	personal care	Currently Out of Stock
Hemp & Meadowfoam Body Wash	personal care	2 in Store and Online
Hemp & Meadowfoam Shampoo	personal care	2 in Store and Online
Hemp Soap Bar	personal care	2 in Store and Online
Herbal Foot Balm	personal care	2 in Store and Online
Himalayan Pink Salt - 1 kg	personal care	3 in Store and Online
Hope's Relief Cream	personal care	2 in Store and Online
Jason Peppermint Toothpaste	personal care	5 in Store and Online
Jojoba Conditioner	personal care	1 in Store and Online
Jojoba Shampoo	personal care	Currently Out of Stock
Jojoba Shampoo	personal care	1 in Store and Online
Ketone Test Strips - 120 strips	personal care	1 in Store and Online
Kuril Tea BB Correcting Cream	personal care	Currently Out of Stock
Kuril Tea Exfoliating Face Gel	personal care	Currently Out of Stock
Kuril Tea Face Tonic	personal care	Currently Out of Stock
Lavender & Geranium Body Wash	personal care	2 in Store and Online
Lavender & Geranium Conditioner	personal care	1 in Store and Online
Lavender & Geranium Shampoo	personal care	4 in Store and Online
Lavender & Lime Soap Bar	personal care	7 in Store and Online
Lavender Baby Wash	personal care	1 in Store and Online
Lavender Body Wash	personal care	2 in Store and Online
Lavender Hand & Body Lotion	personal care	2 in Store and Online
Lavender Hand Soap	personal care	2 in Store and Online
Lavera Repair & Deep Care Shampoo	personal care	1 in Store and Online
Lavera Repair Shampoo	personal care	1 in Store and Online
Lemon Myrtle Soap	personal care	30 in Store and Online
Lime Crystal Deodorant	personal care	2 in Store and Online
Lip Balm in glass jar	personal care	2 in Store and Online
Love Organic Gift Box	personal care	2 in Store and Online
Magnesium Flakes	personal care	2 in Store and Online
Maxi Pads Night Time 10	personal care	2 in Store and Online
Maxi Pads Regular 14	personal care	2 in Store and Online
Mint Toothpaste + Fluoride	personal care	3 in Store and Online
Mint Toothpaste no fluoride	personal care	4 in Store and Online
Moisture & Care Conditioner	personal care	2 in Store and Online
Moisturising Cream	personal care	2 in Store and Online
Mooncup Size A	personal care	1 in Store and Online
Mooncup Size B	personal care	1 in Store and Online

Product	Category	Availability
Muscle & Sports Gel 2 oz	personal care	2 in Store and Online
Muscle & Sports Gel 4 oz	personal care	1 in Store and Online
Muscle Rub - 60ml	personal care	2 in Store and Online
Natural Kids Toothpaste Strawberry	personal care	1 in Store and Online
Natural Toothpaste Aloe Vera	personal care	2 in Store and Online
Natural Toothpaste Charcoal	personal care	3 in Store and Online
Natural Toothpaste Fennel	personal care	2 in Store and Online
Natural Toothpaste Peppermint	personal care	3 in Store and Online
Necklace Rose Quartz Heart	personal care	1 in Store and Online
Neem Cream 50g	personal care	2 in Store and Online
Neem Oil 100ml	personal care	2 in Store and Online
Neem Shampoo 200ml	personal care	1 in Store and Online
Nettle Shampoo	personal care	15 in Store and Online
Nettle Shampoo	personal care	2 in Store and Online
Olive Day Cream	personal care	2 in Store and Online
Organic Bamboo Facial Wipes	personal care	2 in Store and Online
Organic Children Toothpaste	personal care	1 in Store and Online
Organic Cotton Balls	personal care	1 in Store and Online
Organic Cotton Buds	personal care	3 in Store and Online
Organic Cotton Pads	personal care	17 in Store and Online
Organic Hand Hygiene Spray	personal care	1 in Store and Online
Organic Lip Balm	personal care	27 in Store and Online
Panty Liners Curved 30	personal care	3 in Store and Online
Panty Liners Mini	personal care	3 in Store and Online
Panty Liners Ultra Thin 22 pcs	personal care	2 in Store and Online
Pine Soap	personal care	Currently Out of Stock
Pine Tar Soap	personal care	Currently Out of Stock
Plant Gel Toothpaste	personal care	3 in Store and Online
Plastic Free Deodorant Crystal	personal care	2 in Store and Online
Plastic free Lip Balm Raspberry	personal care	8 in Store and Online
Pore Refine Mud Mask	personal care	Currently Out of Stock
Preserve Recycled Razor	personal care	2 in Store and Online
Pro Nail Plus	personal care	1 in Store and Online
Propolis Soap	personal care	Currently Out of Stock
Pulse Point Roller Ball Joy	personal care	2 in Store and Online
Pulse Point Roller Ball Love	personal care	1 in Store and Online
Pulse Point Roller Ball Meditation	personal care	2 in Store and Online
Pure Olive Oil Soap	personal care	8 in Store and Online

Product	Category	Availability
Pure Shampoo	personal care	11 in Store and Online
Re-Energizing Sleeping Cream	personal care	2 in Store and Online
Refreshing Men Shower Gel	personal care	Currently Out of Stock
Repair Hand Cream	personal care	Currently Out of Stock
Reusable Cosmetic Pads	personal care	1 in Store and Online
Revitalizing Vitamin E 5,000iu	personal care	2 in Store and Online
Rio Rosa Day&Night Cream	personal care	2 in Store and Online
Rio Rosa Oil 20ml	personal care	2 in Store and Online
Rio Rosa Oil 50ml	personal care	1 in Store and Online
Rose Crystal Deodorant	personal care	2 in Store and Online
Rosemary & Lavender Soap Bar	personal care	6 in Store and Online
Rosemary & Tea Tree Shampoo	personal care	6 in Store and Online
Rosemary Conditioner	personal care	2 in Store and Online
Rosemary Shampoo	personal care	2 in Store and Online
Rosewater Body Wash	personal care	Currently Out of Stock
Safe to Flush Moist Tissues	personal care	3 in Store and Online
Sage Deodorant 100ml	personal care	6 in Store and Online
Salt of the Earth Roll-On	personal care	Currently Out of Stock
Salt of the Earth Spray	personal care	1 in Store and Online
Salt of the Earth Spray 100ml	personal care	1 in Store and Online
Salt of the Earth Spray Lavender & Vanilla	personal care	2 in Store and Online
Salt of the Earth Spray Melon	personal care	2 in Store and Online
Salt of the Earth Stick	personal care	2 in Store and Online
Salt of the Earth Travel	personal care	3 in Store and Online
Salt Toothpaste	personal care	2 in Store and Online
Sarakan Mouthwash	personal care	4 in Store and Online
Sarakan Toothpaste	personal care	7 in Store and Online
Scalp Care ® 2 in 1	personal care	Currently Out of Stock
Sea Fresh ® Sea Fresh Mouthwash	personal care	Currently Out of Stock
Seaweed & Citrus Body Wash	personal care	1 in Store and Online
Seaweed & Citrus Shampoo	personal care	3 in Store and Online
Seaweed Conditioner	personal care	3 in Store and Online
Sensitive Toothpaste in jar	personal care	3 in Store and Online
Shampoo Bar Lavender & Geranium	personal care	4 in Store and Online
Shampoo Bar Lavender & Tea Tree	personal care	4 in Store and Online
Shampoo Bar Peppermint & Eucalyptus	personal care	6 in Store and Online
Shampoo Bar Unfragranced	personal care	4 in Store and Online
Shaving Bar	personal care	3 in Store and Online

Product	Category	Availability
Shaving Cream	personal care	1 in Store and Online
Shea Butter Bar	personal care	7 in Store and Online
Shea Butter Face Cream	personal care	3 in Store and Online
Shower Gel Refill Fruit Fusion	personal care	2 in Store and Online
Shower Gel Refill Mint & Lemon	personal care	2 in Store and Online
Shower Gel Refill Sweet Floral	personal care	3 in Store and Online
Silk Dental Floss	personal care	7 in Store and Online
Silk Dental Floss Refill	personal care	Currently Out of Stock
Skin Food	personal care	2 in Store and Online
Skin Food Body Lotion	personal care	1 in Store and Online
Skin SOS Balm 30ml	personal care	Currently Out of Stock
Skin SOS Balm 60ml	personal care	4 in Store and Online
Sophora Khakassia Day Face Cream - Gel	personal care	Currently Out of Stock
Sophora Khakassia Micellar Lotion	personal care	Currently Out of Stock
Sophora Khakassia Night Face Cream - Fluid	personal care	Currently Out of Stock
Tampons Regular 20	personal care	1 in Store and Online
Tampons Super Plus 20	personal care	1 in Store and Online
Tea Tree & Witch Hazel Cream	personal care	2 in Store and Online
Tea Tree Cleansing Soap Bar	personal care	2 in Store and Online
Tea Tree Conditioner	personal care	Currently Out of Stock
Tea Tree Cream	personal care	3 in Store and Online
Tea Tree Oil 30ml	personal care	2 in Store and Online
Tea Tree Oil 50ml	personal care	Currently Out of Stock
Tea Tree Purifying Body Wash	personal care	1 in Store and Online
Tea Tree Shampoo	personal care	2 in Store and Online
Thuja Skincare Fluid	personal care	2 in Store and Online
Toothbrush - Medium	personal care	2 in Store and Online
Toothbrush - Soft	personal care	2 in Store and Online
Toothbrush Heads - Medium	personal care	2 in Store and Online
Toothbrush Heads - Soft	personal care	2 in Store and Online
Toothpaste Tablets	personal care	1 in Store and Online
Ultra Pads Long + Wings	personal care	3 in Store and Online
Ultra Pads Regular + Wings	personal care	8 in Store and Online
Ultra Pads Super Plus	personal care	3 in Store and Online
Ultra Pads Super Wings	personal care	Currently Out of Stock
Vegan Makeup Brushes Gift Set	personal care	1 in Store and Online
Vegan Sunscreen Stick SPF30	personal care	Currently Out of Stock
Vitamin E 5,000iu Oil	personal care	2 in Store and Online

Product	Category	Availability
Vitamin E Skin Oil	personal care	2 in Store and Online
Vitamins for Skin Shower Gel	personal care	Currently Out of Stock
Weleda Children's Tooth Gel	personal care	3 in Store and Online
Weleda Men Roll-on Deodorant	personal care	Currently Out of Stock
Whitening Toothpaste in jar	personal care	2 in Store and Online
Wild Rose Deodorant 100ml	personal care	2 in Store and Online
Yar Org Cat Litter	pet products	1 in Store only
Biodegradable Dog Poo Bags	pet products	Currently Out of Stock
GC org medium oatmeal 3kg	prepacks	1 in Store only
Just/Nat org Macadamia Nuts 250g	prepacks	1 in Store only
Acai Berry Powder Organic	prepacks	1 in Store and Online
Almonds 125g - Organic	prepacks	4 in Store and Online
Apricots 250g	prepacks	2 in Store and Online
Apricots 250g - Organic	prepacks	5 in Store and Online
Atlantic Coarse Sea Salt 500g	prepacks	3 in Store and Online
Atlantic Fine Sea Salt 500g	prepacks	2 in Store and Online
Barley Flakes - Organic 500g	prepacks	4 in Store and Online
Barley Grain - Organic	prepacks	Currently Out of Stock
Barley Grain - Organic 500g	prepacks	Currently Out of Stock
Black Sesame Seeds Organic - 250g	prepacks	3 in Store and Online
Black Turtle Beans - Organic	prepacks	2 in Store and Online
Bran Flakes Organic	prepacks	2 in Store and Online
Brazil Nuts 125g - Organic	prepacks	5 in Store and Online
Brown Lentils - Organic	prepacks	4 in Store and Online
Brown Linseed - 500g	prepacks	6 in Store and Online
Buckwheat - Organic 500g	prepacks	3 in Store and Online
Buckwheat Flakes - Organic 350g	prepacks	2 in Store and Online
Buckwheat Flour Organic	prepacks	3 in Store and Online
Bulgur Wheat - Organic 500g	prepacks	3 in Store and Online
Butter Beans - Organic	prepacks	3 in Store and Online
Cannellini Beans - Organic	prepacks	4 in Store and Online
Cashew Nuts 250g - Organic	prepacks	3 in Store and Online
Chia Seeds Organic	prepacks	3 in Store and Online
Chickpeas - Organic	prepacks	6 in Store and Online
Chlorella Powder 100g	prepacks	Currently Out of Stock
Cranberries 125g - Organic	prepacks	Currently Out of Stock
Dark Speckled Lentils - Organic	prepacks	3 in Store and Online
Desiccated Coconut	prepacks	2 in Store and Online

Product	Category	Availability
Figs 250g - Organic	prepacks	4 in Store and Online
Flaked Almonds Organic 125g	prepacks	2 in Store and Online
Gluten Free Porridge Oats	prepacks	3 in Store and Online
Goji Berries 125g	prepacks	Currently Out of Stock
Golden Linseed - Organic 250g	prepacks	7 in Store and Online
Green Lentils - Organic	prepacks	4 in Store and Online
Green Split Peas - Organic	prepacks	4 in Store and Online
Ground Almonds 220g	prepacks	1 in Store and Online
Ground Almonds Organic 350g	prepacks	3 in Store and Online
Hazelnuts 125g - Organic	prepacks	4 in Store and Online
Jumbo Oats - Organic	prepacks	12 in Store and Online
Medium Oatmeal - Organic 1kg	prepacks	2 in Store and Online
Millet Flakes - Organic	prepacks	2 in Store and Online
Millet Flakes - Organic 500g	prepacks	3 in Store and Online
Mixed Vine Fruit - Organic	prepacks	Currently Out of Stock
Mung Beans - Organic	prepacks	3 in Store and Online
Oat Bran - Organic 1kg	prepacks	4 in Store and Online
Oat Bran - Organic 350g	prepacks	3 in Store and Online
Oat Groats 500g	prepacks	4 in Store and Online
Omega Mix - Organic 100g	prepacks	7 in Store and Online
Omega Mix - Organic 250g	prepacks	4 in Store and Online
Organic Apricots 250g	prepacks	Currently Out of Stock
Organic Brown Basmati Rice	prepacks	4 in Store and Online
Organic Fruit & Hazelnut Muesli	prepacks	2 in Store and Online
Organic Long Grain Rice 1kg	prepacks	3 in Store and Online
Organic Millet 500g	prepacks	2 in Store and Online
Organic Mixed Nuts 250g	prepacks	Currently Out of Stock
Organic Muesli Base 500g	prepacks	2 in Store and Online
Organic Pine Nuts 80g	prepacks	3 in Store and Online
Organic Popcorn	prepacks	4 in Store and Online
Organic Raw Cane Sugar	prepacks	2 in Store and Online
Organic Short Grain Brown Rice 500g	prepacks	4 in Store and Online
Organic Short Grain Rice 1kg	prepacks	3 in Store and Online
Organic Steel Cut Oats 500g	prepacks	1 in Store and Online
Organic Sundried Tomatoes	prepacks	2 in Store and Online
Organic White Basmati Rice 500g	prepacks	3 in Store and Online
Organic Wholemeal Breadcrumbs	prepacks	2 in Store and Online
Organic Wholemeal Spelt Flour	prepacks	1 in Store and Online

Product	Category	Availability
Pearl Barley Flakes - Organic 500g	prepacks	Currently Out of Stock
Pecan Halves 125g	prepacks	Currently Out of Stock
Pitted Dates 250g Organic	prepacks	3 in Store and Online
Pitted Dates 500g	prepacks	4 in Store and Online
Porridge Oats - Organic 1kg	prepacks	8 in Store and Online
Prunes 250g - Organic	prepacks	2 in Store and Online
Psyllium Husk - Organic	prepacks	4 in Store and Online
Psyllium Husk Powder - Organic	prepacks	4 in Store and Online
Pumpkin Seeds - Organic 1kg	prepacks	2 in Store and Online
Pumpkin Seeds - Organic 500g	prepacks	4 in Store and Online
Quinoa Flakes - Organic 350g	prepacks	Currently Out of Stock
Quinoa Flakes - Organic 500g	prepacks	4 in Store and Online
Raisins 250g Organic	prepacks	3 in Store and Online
Raisins 500g - Organic	prepacks	1 in Store and Online
Raw Cacao Nibs Organic	prepacks	1 in Store and Online
Raw Cacao Powder Organic	prepacks	3 in Store and Online
Raw Organic Cacao Butter	prepacks	1 in Store and Online
Red Kidney Beans - Organic	prepacks	2 in Store and Online
Red Lentils - Organic	prepacks	2 in Store and Online
Rice Flakes - Organic 350g	prepacks	5 in Store and Online
Rye Flakes - Organic	prepacks	2 in Store and Online
Sesame Seeds Hulled Organic 250g	prepacks	2 in Store and Online
Sesame Seeds Unhulled Organic 250g	prepacks	2 in Store and Online
Sultanas 250g - Organic	prepacks	2 in Store and Online
Sunflower Seeds - Organic 1kg	prepacks	2 in Store and Online
Sunflower Seeds - Organic 250g	prepacks	3 in Store and Online
Sunflower Seeds - Organic 500g	prepacks	2 in Store and Online
Tapioca Flour Organic	prepacks	2 in Store and Online
Vine Fruit Mix Organic	prepacks	2 in Store and Online
Walnuts 125g - Organic	prepacks	3 in Store and Online
Walnuts 250g - Organic	prepacks	4 in Store and Online
Wheat Bran Organic	prepacks	2 in Store and Online
Wheat Flakes - Organic 350g	prepacks	3 in Store and Online
Wheat Grain - Organic	prepacks	Currently Out of Stock
Wholewheat Couscous 500g	prepacks	3 in Store and Online
Beetroot Flax Keto Bread	special diets	2 in Store and Online
Buckwheat Crispbread	special diets	3 in Store and Online
Cake Mix - Chocolate	special diets	1 in Store and Online

Product	Category	Availability
Chestnut Crispbread	special diets	4 in Store and Online
Egg Replacer	special diets	2 in Store and Online
Gluten Free Breadcrumbs	special diets	2 in Store and Online
Gluten Free Brown Rice Penne	special diets	7 in Store and Online
Gluten Free Flatbreads Rosemary	special diets	4 in Store and Online
Gluten Free Self Raising	special diets	4 in Store and Online
Gluten Free Super seeded Oatcakes	special diets	3 in Store and Online
Low Salt Gravy Granules	special diets	1 in Store and Online
Organic Chestnut Crispbread	special diets	Currently Out of Stock
Pancake Mix - Buckwheat	special diets	2 in Store and Online
Sugar Free Chocolate Chip Cookies	special diets	3 in Store and Online
Sugar Free Chocolate Flavour Cake	special diets	1 in Store and Online
Sugar Free Coconut Cookies	special diets	3 in Store and Online
Sugar Free Peanut Cookies	special diets	3 in Store and Online
Vegan Spray Cream	special diets	1 in Store or Click & Collect
Vegetable Rice Spirals	special diets	4 in Store and Online
Veggie Garden Crispbread	special diets	3 in Store and Online
Mummy Meegz Mini Chickee Eggs	special occasions	12 in Store only
Benecos Cacao Skincare Gift Set	special occasions	2 in Store and Online
Dipped Candle - 1 pair	special occasions	14 in Store and Online
Easter Egg Bar Bee Pollen	special occasions	4 in Store and Online
Easter Egg Bar Cacao Nibs	special occasions	7 in Store and Online
Elephant Tealight Holder	special occasions	1 in Store and Online
Fairtrade Christmas Decoration Bird	special occasions	1 in Store and Online
Fairtrade Wooden Tree Decoration	special occasions	3 in Store and Online
Hand painted Stone Puffin	special occasions	1 in Store and Online
Hand painted Wood Slice Blue Tit	special occasions	1 in Store and Online
Hand painted Wood Slice Butterfly	special occasions	1 in Store and Online
Hand painted Wood Slice Otter	special occasions	1 in Store and Online
Hand painted Wood Slice Robin	special occasions	1 in Store and Online
Little Milk & White Choc Chickens	special occasions	1 in Store and Online
McCoo Festive Flavours Gift Pack	special occasions	1 in Store and Online
McCoo Lemon Curd	special occasions	2 in Store and Online
Mini Candles in Pot	special occasions	8 in Store and Online
Mulled Cider Spices	special occasions	4 in Store and Online
Rock Salt Lamp with Oil Burner	special occasions	Currently Out of Stock
Rock Salt Tea Light	special occasions	1 in Store and Online
Wheat Bag Rosebuds No Scent	special occasions	2 in Store and Online

Product	Category	Availability
Whisky Toddy Spices	special occasions	6 in Store and Online
Winter Moments Gift Set	special occasions	1 in Store and Online
Dr Vegan Gut Works	specific supplements	1 in Store only
Dr Vegan MenoFriend	specific supplements	1 in Store only
Golden Greens org Spirulina Powder 100g	specific supplements	Currently Out of Stock
Hello Day Immunity Defence	specific supplements	1 in Store only
Love CBD 300mg 60	specific supplements	2 in Store only
Slippery Elm 50g	specific supplements	2 in Store only
Superfruit Chaga Powder 100g	specific supplements	1 in Store only
Symprove Daily Essential	specific supplements	1 in Store only
Vegums Omega 3 30's	specific supplements	1 in Store only
Vow Amino Chews	specific supplements	1 in Store only
Vow Creatine chews	specific supplements	1 in Store only
10 ppm Colloidal Silver 300ml	specific supplements	3 in Store and Online
10 ppm Colloidal Silver Spray	specific supplements	6 in Store and Online
20 ppm Colloidal Silver Dropper	specific supplements	2 in Store and Online
20 ppm Colloidal Silver Spray	specific supplements	3 in Store and Online
20 ppm Colloidal Silver Spray	specific supplements	3 in Store and Online
5 HTP Complex 30 tablets	specific supplements	2 in Store and Online
Acidophilus Plus 60's	specific supplements	2 in Store and Online
Aloe Vera Complex - 60 tablets	specific supplements	1 in Store and Online
Animal Parade® AcidophiKidz	specific supplements	2 in Store and Online
Animal Parade® Omega 3,6,9	specific supplements	1 in Store and Online
Antioxidant Formula 90's	specific supplements	1 in Store and Online
Bee Pollen Capsules	specific supplements	3 in Store and Online
Bio360 OptiGut-D ®	specific supplements	2 in Store and Online
Bio360 Pro-100 ULTRA	specific supplements	2 in Store and Online
Bio360 Pro-30 Max 30 caps	specific supplements	4 in Store and Online
Bio360 Pro-Daily ® 30 caps	specific supplements	5 in Store and Online
Bio360 Pro-Defend	specific supplements	2 in Store and Online
Bio-Quinone Q10 30mg	specific supplements	3 in Store and Online
Bio-Strath 100ml	specific supplements	Currently Out of Stock
Bio-Strath 250ml	specific supplements	2 in Store and Online
Black Seed Oil	specific supplements	2 in Store and Online
CBD Capsules - 600mg	specific supplements	2 in Store or Click & Collect
CBD Entourage Oil 1400mg CBD 20ml	specific supplements	1 in Store or Click & Collect
CBD Oil 300mg CBD 20ml	specific supplements	2 in Store or Click & Collect
CBD Oil 500mg CBD 20ml	specific supplements	3 in Store or Click & Collect
Co Q10 100mg 30's	specific supplements	Currently Out of Stock

Product	Category	Availability
Co Q10 30mg 30's	specific supplements	1 in Store and Online
Co Q10 30mg 90's	specific supplements	1 in Store and Online
Co Q10 with MCT 100mg 60's	specific supplements	1 in Store and Online
Co Q10 with MCT 30mg 30's	specific supplements	1 in Store and Online
Cod Liver Oil 1000mg 180 caps	specific supplements	5 in Store and Online
Cod Liver Oil 1000mg 90's	specific supplements	3 in Store and Online
Cod Liver Oil 500ml	specific supplements	1 in Store and Online
Cod Liver Oil 550mg 120's	specific supplements	4 in Store and Online
Collagen Peptides Capsules	specific supplements	2 in Store and Online
Collagen Peptides Powder	specific supplements	2 in Store and Online
Colloidal Silver Cream	specific supplements	2 in Store and Online
Colloidal Silver Travel Gel	specific supplements	1 in Store and Online
Complete EFA 135 softgels	specific supplements	4 in Store and Online
Complete EFA 90 softgels	specific supplements	Currently Out of Stock
Digestive Aid 30's	specific supplements	1 in Store and Online
Digestive Aid 90's	specific supplements	2 in Store and Online
D-mannose 1000mg 60 tablets	specific supplements	Currently Out of Stock
D-Mannose Powder 50g	specific supplements	2 in Store and Online
D-Mannose Tablets 30 tablets	specific supplements	2 in Store and Online
D-Mannose Tablets 30 tablets	specific supplements	2 in Store and Online
Enzyme Digest 135 tablets	specific supplements	2 in Store and Online
Evening Primrose Oil 1000mg 180's	specific supplements	4 in Store and Online
Fertility for Women 60 caps	specific supplements	1 in Store and Online
Flaxseed Oil 1000mg 135 caps	specific supplements	Currently Out of Stock
Flaxseed Oil 1000mg 135 caps	specific supplements	Currently Out of Stock
Frutin Gastro Gel Tablets	specific supplements	2 in Store and Online
GI Nutra 90 tablets	specific supplements	1 in Store and Online
GI Nutra ProBio Mega	specific supplements	2 in Store and Online
Glucosamine & Chondroitin 135's	specific supplements	1 in Store and Online
Glucosamine & Chondroitin 90 tabs	specific supplements	2 in Store and Online
Glucosamine & Chondroitin Complex	specific supplements	3 in Store and Online
Glucosamine & Chondroitin Complex	specific supplements	1 in Store and Online
Glucosamine HCL Juice	specific supplements	1 in Store and Online
Glucosamine Joint Gel	specific supplements	2 in Store and Online
Glucosamine Sulphate 1000mg 180's	specific supplements	2 in Store and Online
Glucosamine Sulphate 1500mg 180's	specific supplements	1 in Store and Online
Halibut Liver Oil Capsules	specific supplements	1 in Store and Online
HealthAid MenoVital ®	specific supplements	3 in Store and Online

Product	Category	Availability
Hydration Electrolytes Vitamins	specific supplements	1 in Store and Online
Hydration Electrolytes Vitamins	specific supplements	1 in Store and Online
Immune Boost	specific supplements	1 in Store and Online
Immune Microbiome 10 billion	specific supplements	4 in Store and Online
Joint Complex 30's	specific supplements	1 in Store and Online
Joint Complex 90's	specific supplements	1 in Store and Online
Joint Omega Oil	specific supplements	2 in Store and Online
Joint Support Max Liquid	specific supplements	1 in Store and Online
Lactase Enzyme 200mg	specific supplements	2 in Store and Online
Lecithin 1200mg 90's	specific supplements	1 in Store and Online
Lepicol 180g	specific supplements	1 in Store and Online
Lepicol 350g	specific supplements	1 in Store and Online
L-Glutamine Powder	specific supplements	1 in Store and Online
L-Lysine 500mg 30's	specific supplements	2 in Store and Online
L-Theanine 200mg	specific supplements	1 in Store and Online
L-Tryptophan 30's	specific supplements	1 in Store and Online
Lutein 15mg 30's	specific supplements	2 in Store and Online
Lutein 15mg 60's	specific supplements	1 in Store and Online
MacuShield ® Original +	specific supplements	1 in Store and Online
Magnesium bisglycinate D3 + K2	specific supplements	1 in Store and Online
Magnesium Glycinate	specific supplements	3 in Store and Online
Magnesium Sleep Body Lotion	specific supplements	3 in Store and Online
MCT Oil 120 Capsules	specific supplements	3 in Store and Online
MCT Oil Coffee Creamer Powder	specific supplements	3 in Store and Online
MCT Oil Liquid Caramel	specific supplements	3 in Store and Online
MCT Oil Liquid Hazelnut	specific supplements	3 in Store and Online
MCT Oil Liquid Natural	specific supplements	1 in Store and Online
Menopause Support 30's	specific supplements	Currently Out of Stock
Menopause Support 60's	specific supplements	1 in Store and Online
Molkosan ® 200ml	specific supplements	2 in Store and Online
Molkosan ® 500ml	specific supplements	Currently Out of Stock
Multidophilus ® - 100 capsules	specific supplements	4 in Store and Online
Oil of Peppermint 10ml	specific supplements	2 in Store and Online
Oil of Peppermint Extra	specific supplements	2 in Store and Online
Oil of Peppermint tablets	specific supplements	2 in Store and Online
Olbas Bath 250ml	specific supplements	1 in Store and Online
Olbas Bath Oil	specific supplements	1 in Store and Online
Omega 3 Fish Oil 120 capsules	specific supplements	5 in Store and Online

Product	Category	Availability
Omega 3 Fish Oil 180's	specific supplements	1 in Store and Online
Omega 3 Fish Oil 240 capsules	specific supplements	6 in Store and Online
Omega 3:6:9 Oil - Organic	specific supplements	2 in Store and Online
Optibac For Every Day 30 caps	specific supplements	1 in Store and Online
OptiGut-C ® 120 grams	specific supplements	1 in Store and Online
Osteoprime 120 capsules	specific supplements	Currently Out of Stock
Pernaton Forte Gel 125ml	specific supplements	3 in Store and Online
Pernaton Gel 125ml	specific supplements	6 in Store and Online
Pernaton Gel 250ml	specific supplements	5 in Store and Online
Pernaton Gel 50ml	specific supplements	4 in Store and Online
Pulsin' Hemp Protein 250g	specific supplements	1 in Store and Online
Pulsin' Pea Protein Isolate 250g	specific supplements	1 in Store and Online
Pure Inulin Powder 250g	specific supplements	2 in Store and Online
Red Yeast Rice 600mg 60 capsules	specific supplements	3 in Store and Online
Relaxing Massage Oil	specific supplements	1 in Store and Online
Rest & Relax Air Spray	specific supplements	1 in Store and Online
Rosehip 750mg	specific supplements	1 in Store and Online
Silicol ® Gel	specific supplements	2 in Store and Online
Slippery Elm - Malted	specific supplements	3 in Store and Online
Slippery Elm - Unmalted	specific supplements	4 in Store and Online
Thyroid Complex	specific supplements	1 in Store and Online
Turmeric Complex	specific supplements	3 in Store and Online
Turmeric Gummies BB 06-2024	specific supplements	1 in Store and Online
Ultra Lutein 60 softgels	specific supplements	3 in Store and Online
Vegan Glucosamine 1500mg	specific supplements	1 in Store and Online
Vegan Omega-3 Gummies	specific supplements	1 in Store and Online
Whey Protein Concentrate bb 23-08	specific supplements	Currently Out of Stock
Z-Gel	specific supplements	Currently Out of Stock
Combination A	tissue salts	1 in Store and Online
Combination E	tissue salts	1 in Store and Online
Combination H	tissue salts	Currently Out of Stock
Combination J	tissue salts	2 in Store and Online
Combination P	tissue salts	1 in Store and Online
Combination Q	tissue salts	2 in Store and Online
Tissue Salts No 1 Calc Fluor	tissue salts	3 in Store and Online
Tissue Salts No 10 Nat Phos	tissue salts	4 in Store and Online
Tissue Salts No 11 Nat Sulph	tissue salts	3 in Store and Online
Tissue Salts No 12 Silica	tissue salts	4 in Store and Online

Product	Category	Availability
Tissue Salts No 2 Calc Phos	tissue salts	3 in Store and Online
Tissue Salts No 3 Calc Sulph	tissue salts	3 in Store and Online
Tissue Salts No 4 Ferr Phos	tissue salts	2 in Store and Online
Tissue Salts No 5 Kali Mur	tissue salts	3 in Store and Online
Tissue Salts No 6 Kali Phos	tissue salts	3 in Store and Online
Tissue Salts No 7 Kali Sulph	tissue salts	4 in Store and Online
Tissue Salts No 8 Mag Phos	tissue salts	3 in Store and Online
Tissue Salts No 9 Nat Mur	tissue salts	3 in Store and Online
Better You Magnesium Water Energy	vitamins	1 in Store only
Better You Magnesium Water Hydrate	vitamins	3 in Store only
Together B-complex 30's	vitamins	4 in Store only
Together Gentle Iron 30's	vitamins	4 in Store only
Together Magnesium 30's	vitamins	3 in Store only
Together Night Time 60's	vitamins	3 in Store only
Together Vegan Vitamin D3 1000iu 30's	vitamins	4 in Store only
Vegums Iron small	vitamins	1 in Store only
Vegums Multivitamins 30's	vitamins	1 in Store only
65+ Multi - 60 capsules	vitamins	3 in Store and Online
Animal Parade® Tummy Zyme	vitamins	2 in Store and Online
Animal Parade® Assorted 180	vitamins	3 in Store and Online
Animal Parade® Assorted 90	vitamins	3 in Store and Online
Animal Parade® Gold	vitamins	3 in Store and Online
Animal Parade® Gold 120's	vitamins	2 in Store and Online
Animal Parade® Kid Zinc	vitamins	2 in Store and Online
Animal Parade® Orange 180	vitamins	2 in Store and Online
Animal Parade® Vitamin D3	vitamins	3 in Store and Online
Balanced Iron Complex 30's	vitamins	1 in Store and Online
Balanced Iron Complex 90's	vitamins	Currently Out of Stock
B-complex Timed Release	vitamins	2 in Store and Online
Better You Iron Daily Oral Spray	vitamins	2 in Store and Online
Biotin 2500ug	vitamins	3 in Store and Online
Biotin 800ug 30's	vitamins	1 in Store and Online
Bone Complex 90's	vitamins	1 in Store and Online
Brewers Yeast	vitamins	1 in Store and Online
Calcium Liquid Formula	vitamins	1 in Store and Online
Calcium, Magnesium & Zinc 90's	vitamins	2 in Store and Online
Calcium, Magnesium, Boron Powder	vitamins	2 in Store and Online
Calcium, Magnesium, D3	vitamins	3 in Store and Online
Calcium, Magnesium, Zinc Powder	vitamins	2 in Store and Online

Product	Category	Availability
Chromium 200ug - 30's	vitamins	1 in Store and Online
Citricidal 25ml	vitamins	3 in Store and Online
Colic Calm Herbal Blend	vitamins	1 in Store and Online
Collagen 400mg	vitamins	2 in Store and Online
Effervescent Vitamin C 1000mg	vitamins	2 in Store and Online
Extra C 950mg - 120's	vitamins	2 in Store and Online
Extra C 950mg - 30's	vitamins	2 in Store and Online
Extra C 950mg - 90's	vitamins	Currently Out of Stock
Floradix 250ml	vitamins	2 in Store and Online
Floradix 500ml	vitamins	2 in Store and Online
Floradix Iron Tablets	vitamins	2 in Store and Online
Floradix Saludynam 250ml	vitamins	1 in Store and Online
Floravital Yeast Free 250ml	vitamins	2 in Store and Online
Folic Acid 400ug	vitamins	2 in Store and Online
Gentle Iron 20mg	vitamins	1 in Store and Online
Glutamine Powder	vitamins	2 in Store and Online
Hema-Plex® 30 tablets	vitamins	2 in Store and Online
Hema-Plex® 60 Chewables	vitamins	2 in Store and Online
High Five B-Complex 30's	vitamins	2 in Store and Online
High Five B-Complex 90's	vitamins	1 in Store and Online
High Five Multivitamin 30's	vitamins	2 in Store and Online
High Five Multivitamin 60's	vitamins	4 in Store and Online
High Five Multivitamin 90's	vitamins	3 in Store and Online
High One B-Complex 90's	vitamins	1 in Store and Online
High Twelve B-Complex 30's	vitamins	5 in Store and Online
High Twelve B-Complex 90's	vitamins	3 in Store and Online
Iodine Liquid	vitamins	3 in Store and Online
Iron Bisglycinate	vitamins	1 in Store and Online
Kidz Mini Drops Vitamin D	vitamins	2 in Store and Online
Kindervital ® 500ml	vitamins	1 in Store and Online
Low Acid Vitamin C 1000mg 30's	vitamins	2 in Store and Online
Low Acid Vitamin C 1000mg 90's	vitamins	3 in Store and Online
Mag365 Unflavoured 150g	vitamins	1 in Store and Online
Mag365 Unflavoured 300g	vitamins	2 in Store and Online
Magnesium Bisglycinate	vitamins	1 in Store and Online
Magnesium Bisglycinate	vitamins	1 in Store and Online
Magnesium Capsules	vitamins	1 in Store and Online
Magnesium Citrate	vitamins	4 in Store and Online

Product	Category	Availability
Magnesium Citrate + B6 30's	vitamins	4 in Store and Online
Magnesium Citrate + B6 90's	vitamins	2 in Store and Online
Magnesium Citrate Powder	vitamins	2 in Store and Online
Magnesium Gel	vitamins	Currently Out of Stock
Magnesium Goodnight Spray	vitamins	Currently Out of Stock
Magnesium High Potency 120's	vitamins	3 in Store and Online
Magnesium High Potency 30's	vitamins	2 in Store and Online
Magnesium Liquid Formula	vitamins	3 in Store and Online
Magnesium Powder Lemonade	vitamins	1 in Store and Online
Magnesium Spray	vitamins	2 in Store and Online
Magnesium Taurate 30's	vitamins	3 in Store and Online
Men's Once Daily Multi	vitamins	Currently Out of Stock
Multivits with iron 90 tabs	vitamins	6 in Store and Online
NAC+ N-acetyl cysteine	vitamins	2 in Store and Online
Natural Vitamin E 400iu	vitamins	2 in Store and Online
Organic Evening Primrose Oil Capsules	vitamins	3 in Store and Online
Organic Evening Primrose Oil Capsules	vitamins	3 in Store and Online
Potassium 300mg 60 tablets	vitamins	2 in Store and Online
PowerTeen® For Her	vitamins	1 in Store and Online
PowerTeen® For Him	vitamins	Currently Out of Stock
Pregnancy Complex 120's	vitamins	1 in Store and Online
Quantum Multi-Vitamins & Minerals	vitamins	Currently Out of Stock
Selenium 200ug - 30 caps	vitamins	2 in Store and Online
Selenium 200ug - 90 caps	vitamins	1 in Store and Online
Selenium ACE + D	vitamins	2 in Store and Online
Silicea 30 capsules	vitamins	2 in Store and Online
Solus Multivitamin 90's	vitamins	4 in Store and Online
Source of Life ® 236.56ml	vitamins	Currently Out of Stock
Source of Life ® 60 Gummies	vitamins	Currently Out of Stock
Source of Life ® 887.1ml	vitamins	Currently Out of Stock
Source of Life ® 90 tablets	vitamins	Currently Out of Stock
Source of Life ® Men	vitamins	4 in Store and Online
Source of Life ® Men	vitamins	4 in Store and Online
Source of Life ® Prenatal	vitamins	Currently Out of Stock
Source of Life ® Women	vitamins	2 in Store and Online
Source of Life Garden Iron	vitamins	1 in Store and Online
Source of Life Garden Prenatal Multi	vitamins	1 in Store and Online
Tonic Health Elderberry & Blackcurrant	vitamins	Currently Out of Stock

Product	Category	Availability
Tonic Health Lemon & Honey	vitamins	Currently Out of Stock
Vegan Iron Gummies	vitamins	1 in Store and Online
Vegan Multivitamin	vitamins	1 in Store and Online
Vegan Vitamin D3 1000iu 30's	vitamins	2 in Store and Online
Vegan Vitamin D3 1000iu 90's	vitamins	3 in Store and Online
Vegan Vitamin D3 2000iu 150's	vitamins	1 in Store and Online
Vegan Vitamin D3 2000iu 60's	vitamins	1 in Store and Online
Vegan Vitamin D3 400iu 90's	vitamins	2 in Store and Online
Vegan Vitamin D3 5000iu	vitamins	6 in Store and Online
Vegan Vitamin K2 120ug	vitamins	5 in Store and Online
ViridiKid Kid's Multivitamins	vitamins	1 in Store and Online
Vitamin A 5000iu	vitamins	1 in Store and Online
Vitamin B Complex Mega	vitamins	2 in Store and Online
Vitamin B1 100mg	vitamins	1 in Store and Online
Vitamin B12 1000ug	vitamins	1 in Store and Online
Vitamin B12 1000ug - 60 caps	vitamins	4 in Store and Online
Vitamin B12 25ug 100's	vitamins	2 in Store and Online
Vitamin B12 Oral Spray	vitamins	2 in Store and Online
Vitamin B2 Riboflavin 100mg	vitamins	1 in Store and Online
Vitamin B3 250mg	vitamins	2 in Store and Online
Vitamin B5 Calcium Pantothenate	vitamins	1 in Store and Online
Vitamin B-Complex - 60 tablets	vitamins	2 in Store and Online
Vitamin C + Zinc	vitamins	2 in Store and Online
Vitamin C 500mg Chewable	vitamins	2 in Store and Online
Vitamin C 500mg Orange	vitamins	3 in Store and Online
Vitamin C Timed Release 1000mg	vitamins	4 in Store and Online
Vitamin C Timed Release 1000mg	vitamins	7 in Store and Online
Vitamin D + K2 Oral Spray	vitamins	2 in Store and Online
Vitamin D Oral Spray	vitamins	3 in Store and Online
Vitamin D3 + K2	vitamins	4 in Store and Online
Vitamin D3 1000iu - 120's	vitamins	10 in Store and Online
Vitamin D3 1000iu - 90 tablets	vitamins	2 in Store and Online
Vitamin D3 1000iu - chewable	vitamins	4 in Store and Online
Vitamin D3 1000iu Gummies BB 06-24	vitamins	1 in Store and Online
Vitamin D3 4000iu - 90 tablets	vitamins	6 in Store and Online
Vitamin D3 4000iu 80 tablets	vitamins	20 in Store and Online
Vitamin D3 400iu - 120's	vitamins	11 in Store and Online
Vitamin D3 400iu - 60 tablets	vitamins	Currently Out of Stock

Product	Category	Availability
Vitamin D3 5000iu	vitamins	5 in Store and Online
Vitamin D3 Liquid Vegan	vitamins	1 in Store and Online
Vitamin E 400iu	vitamins	2 in Store and Online
Vitamin E 400iu	vitamins	2 in Store and Online
Vitamin K2 Vegan	vitamins	1 in Store and Online
Woman 40+ Multi - 60 caps	vitamins	1 in Store and Online
Women's Once Daily Multi	vitamins	Currently Out of Stock
Zinc 30mg	vitamins	4 in Store and Online
Zinc Citrate 15mg 90's	vitamins	3 in Store and Online
Zinc Complex 30's	vitamins	2 in Store and Online
Zinc Complex 90's	vitamins	2 in Store and Online

About the Stirling Health Food Store in Scotland, UK

Established in 1976 in Stirling, Scotland UK, our award-winning independent Health Shop has over 40 years of experience in the health food sector. We serve customers throughout Scotland and the UK and are best known for our knowledge, customer services and competitive prices.

We sell ethical, organic, vegetarian, vegan, chemical free, natural, fairtrade, local, dietary foods and real products. We believe in being independent, supporting the local community and minimising environmental impact.

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